

Multi Country Tour- Nepal Bhutan Tibet

Journey of 3 Himalayan countries with Culture, Religion, Nature & panoramic views of Mt. Everest



Overview

With the beautiful Himalayas providing the perfect focus, the [Nepal Tibet Bhutan Tour](#) showcases the uniqueness of these hidden treasures. Among the best **South Asia Tours** available, this tour provides opportunities to fully appreciate a mosaic of ancient culture. The serene natural beauty of all [three countries](#) adds even more color to a region of untouched beauty.

We begin in [Nepal](#), with some leisurely days on a guided tour throughout [The Kathmandu Valley](#). A living museum, Kathmandu is lavished with unique temples, ancient shrines and important [pilgrimage sites](#). Over these days we visit the temple squares of past kings of **Patan, Kathmandu** and **Bhaktapur**. The pilgrimage sites of **Pashaputinath, Bouddanath** and **Swoyambunath** speak volumes of the religious significance of Buddhism and Hinduism in Nepal.

The second stage of the journey starts with a superb flight over the Himalayas to **Lhasa**, in the heart of [Tibet](#). The following two days are spent discovering the wealth of cultural treasures. Lhasa holds **Potala Palace, Jokhang temple, Barkhor Bazaar, Sera Monastery** and **Norbulinka** among others. We leave Lhasa on the fourth day to visit the beautiful turquoise freshwater Yamdrok Lake, sitting mystically still and surrounded by snow-capped mountains.

Our last peek of the region's treasures takes us on a further Trans Himalayan flight to Bhutan "**The Land of the Thunder Dragon**". [Bhutan](#) is the **last Shangri-La**, basically hidden from the outside world to this

day. We begin in Thimphu, Bhutan's tiny capital, with excursions from our hotel to its important tourist sites. There follow two wonderful days to both **Punakha Dzong** over the **Dochu La Pass**, and **Bhutan's National treasure**, the **Taktsang (Tiger's Nest) monastery**. The ornate temple complex is perched precariously on the cliffside of the upper Paro Valley. With our tour of **Nepal Tibet Bhutan Tour** almost complete, we fly back to Kathmandu for a farewell evening meal the following day.

Highlights

- **Nepal:** 5 Nights in Kathmandu with Bhaktapur Durbar Square, Pashupatinath, Boudhanath, Patan, Swoyambhu Stupa & local market.
- **Tibet:** 4 Nights in Lhasa, Tibet with Potala Palace, Drepung Monastery, Norbulinka Palace and Yamdrok-Tsho Lake excursion.
- **Bhutan:** 4 Nights in Bhutan with Taktsang Monastery (Tiger's Nest), Paro Valley, Thimphu with the weekend market and Punakha Dzong.

Outline

1. Choose your own departure date
2. Select the comfort level of accommodation
3. Adjust activities to cater to special interests
4. Modify any aspect of the tour as needed
5. Flexible travel route (start from Kathmandu and end to Kathmandu/Beijing/Bangkok or vice-versa)
6. Here are some other popular routes tour itineraries:

- Nepal, overland Tibet & Bhutan Tour
- Nepal, Bhutan & overland Tibet Tour
- China (Beijing) Tibet Nepal Bhutan Tour
- China (Chengdu) Tibet Nepal Bhutan Tour
- Buddhist Pilgrimage Tour – Nepal, Tibet, Bhutan & India
- Tibet Nepal Bhutan Myanmar (Burma) Tour

Your Journey day by day

Day 01 : Arrive at Kathmandu International airport

After landing in Kathmandu and clearing the customs apply for your visa at the airport. This will be easy and fast as well. Our representative will welcome you and transfer you to the hotel. Visit our office after some rest where we will have a welcome and orientation session for the trip for you. In the evening take a stroll around and take a glance at local culture here. Overnight at Kathmandu.

Day 02 : Kathmandu Sightseeing with Patan Durbar Square(B).

We will explore different destinations in Lalitpur and Kathmandu today. First thing in the morning we will apply for the [Tibet Visa](#) for you after collecting your documents. We do always apply at least three

days prior to the visit for any possible delays or problems of any kind. You will commence your tour after breakfast with our guide.

About half an hour's drive from your hotel will see you at the heart of Patan or Lalitpur city. One of the three major cities of the Kathmandu valley, Patan is known for the arts and architecture in its streets, monuments, and temples. The [Patan Durbar Square](#) is your first destination here. Some of the highlights of the Durbar (Palace) region are the beautiful Krishna Mandir, Bhimsen and Vishwanath Temples, and beautiful courtyards. Also, visit the Tibetan Refugee camp and painting shops while you are in Patan.

Following the Patan city tour, we will visit a couple of more sites in Kathmandu. We will visit the Kathmandu(Basantapur) Durbar Square within a short drive from the hotel. The temple of 'Living Goddess Kumari', Taleju Temple, Hanuman Dhoka Palace, and street markets for handicrafts are some of the main attractions of Kathmandu Durbar Square. Visit the Ason Market and Thamel area before returning to the hotel. Overnight at Kathmandu.

Day 03 : Kathmandu tour with Bhaktapur Durbar Square(B)

You will visit some destinations in Kathmandu before heading to Bhaktapur today. After breakfast head towards the Pashupatinath Temple. A quick drive will take you to this Hindu temple complex in the banks of Bagmati River. Dedicated to God Shiva, you can explore around 500 small and big temples of this area. Next, we will take a brief drive to the Boudhanath Stupa. Explore the Tibetan inspired streets and try some popular snacks in Boudhanath.

From Boudhanath, it is about an hour's drive towards the Bhaktapur city. The name Bhaktapur translates as 'The city of devotees' and it is the more culturally-preserved of the three cities in Kathmandu. The brick-paved alleys lead us to Bhaktapur Durbar Square. The fifty-five windows palace, Nyatapola Temple, and Pottery square are the main attraction of the Bhaktapur tour.

In the evening take a short drive to Nagarkot, a small town on the hills of the outskirts of Bhaktapur. Overnight at Nagarkot.

Day 04 : Flight to Tibet Lhasa (B)

Start the day with an early sunrise view from Nagarkot over the hills and Himalayas. We will drive you back to Kathmandu next. We will drive you to the airport after breakfast for a flight to Lhasa from Kathmandu. You can enjoy a fantastic view of the Himalayas from the window during the flight.

After landing in Lhasa your Tibetan guide will receive you at the airport and transfer you to the hotel. Lhasa is situated at an average elevation of 14000 feet above sea level. The fantastic view of landscapes follows you straight from the airport throughout the Tibetan tour. Overnight at Lhasa.

Day 05 : Lhasa Exploration (B)

You will kick off the Lhasa tour with a visit to the beautiful Potala Palace. Located within a short drive this palace was the home of Dalai Lamas, the spiritual leader of Tibetan people. Exploring the UNESCO world heritage site witness the wonderful sculptures, Chapels, Thangkas, Murals, and many more.

Explore the allowed sections of this massive palace and spend some time in the ponds and park behind it.

Sera Monastery is next on our list which is among the biggest Gelug university monasteries in Lhasa. Within a short drive from Potala, you can get closer to the lifestyle and culture of local monks here. Explore the chapel, courtyard, and other beautiful components of the monastery in your visit.

Towards late afternoon we will head towards Jokhang Temple. Jokhang Temple is the spiritual center of Tibet holding many beliefs and significance. The temple architecture is beautiful and is inspired by Vihara and Nepalese style. The Barkhor square in front holds different memories of historic events and celebrations as well. Explore artifacts and paintings of different periods here in the temple. Overnight at Lhasa.

Day 06 : Continue exploration of Lhasa (B)

Our Lhasa tour continues and we will visit the remaining major destinations here today. Starting the day we will take a short drive to Drepung Monastery after breakfast. This expansive monastery houses some of the oldest Buddhist writings, Murals, and Thangkas. Visit the courtyards and chapels alongside the Nechung Oracle temple nearby. We will visit the Mentshekhang (Chinese traditional hospital) next today. Learn more about some of the Tibetan ancient diagnostics and medicine while you are here.

In the afternoon we will head towards another UNESCO world heritage site, the Norbulings Palace. Norbulingka was the summer residence of the Dalai Lamas. You can visit the major buildings, chapels, and monuments in this palace. The garden surrounding Norbulinga palace is another attraction of the beautiful palace. Spend some time there before returning to your hotel. Overnight at Lhasa.

Day 07 : Optional Excursion to Yamdrok-Tso Lake outside Lhasa (B)

From Lhasa, it is about 3-4 hours of scenic drive to Yamdrok Tsho Lake. We will take a brief break at Kampala Pass (4794 m) from where one can have a sublime view of Yamdrok Tsho Lake and Mount Nojin Kangsang (7,191 m). Yamdrok Tsho is one of the most significant holy lakes in Tibet. Take a walk in the shores of picturesque Yamdrok Lake. After lunch, take a short drive to Samding Monastery. This beautiful monastery overlooks Yamdrok lake and the majestic mountain range above. After some time in Samding Monastery, we will try some local Tibetan foods around the lake. We will drive back to Lhasa and rest for the day. Overnight at Lhasa.

Day 08 : Fly back to Kathmandu (B)

If you have some time to spare head out for a quick souvenir shopping in the local markets of Lhasa. We will leave Tibet and return to Kathmandu through a flight. After arriving at Kathmandu we will transfer you to your hotel. Given the time of your flight, we can visit couple of more heritage sites in Kathmandu. In your leisure take a short walk around and shop for some souvenirs from Nepal. Overnight at Kathmandu.

Day 09 : Fly to Bhutan and drive to Thimphu (B/L/D))

We have a morning flight to Bhutan today. After leaving Kathmandu, a brief flight will take us to Paro

Airport. Your Bhutanese guide will meet you at the airport and you will take a short drive (1 hour) to Thimphu. Along the ride, the guide will brief you through the Bhutan part of the tour. After arriving at the Bhutanese capital, rest for the day at your hotel. Overnight at Thimphu.

Day 10 : Thimphu tour (B/L/D)

After a light breakfast, we will start your Thimphu Tour. You can explore some of the major attractions around Thimphu today which include the Giant Buddha Dordenma Statue, Third King Memorial Stupa, and National Library of Bhutan. The Takin's Zoo and the traditional medicine Institute are bonus locations you can visit in Thimphu. In the evening explore the local market and get closer to local culture and commerce. Overnight at Thimphu.

Day 11 : Thimphu to Punakha excursion- back to Thimphu (150 kilometers.) (B/L/D).

Head towards Punakha after breakfast today. The drive is about two and a half hours long and passes through the Beautiful Dochula Pass. We will stop at the pass and spend some time at the royal botanical garden and Druk Wangyal Chortens. The pristine view of the Himalayas in clear weather is one to behold. We will continue the journey to Punakha following the stop.

The Chimi Lhakhang temple on the way will be our first stop. This unique temple is also known as 'the temple of the divine madman'. The Punakha Dzong is next on our list. One of the most beautiful and historically significant fortresses in Bhutan, Punakha Dzong is one not to miss here. We will return to Thimphu after the Punakha Tour in the evening. Overnight at Thimphu.

Day 12 : Thimphu to Paro(B/L/D)

The Hike to Taktsang Monastery is a proven delight for travelers to experience nature and spirituality as a whole in Bhutan. The hike might be challenging for some but it truly is worth a couple of hours hike from Paro. You can have a slow and gradual walk with breaks in the midway shops.

Once there, witness the majestic view of the pristine Taktsang monastery carved in a giant cliff. Know the legends of great Guru Padmasambhava and explore the beautiful monastery. Also, visit the caves inside the monastery interacting with the monks here. Return from the hike and rest for a while in your hotel. Visit some more local monasteries and the beautiful Drukgyel Dzong to end your Paro tour. Overnight at Paro.

Day 13 : Paro to Kathmandu (B)

You will complete the Nepal Tibet Bhutan tour after a flight to Kathmandu. After Landing in Kathmandu you can go for some popular local activities in this lively city. Cruise through some of the markets here, and try some local cuisine and drinks. In the evening enjoy the nightlife of Thamel visiting some bars accompanied by local Music. Rest for the day and prepare for your departure. Overnight at Kathmandu.

Day 14 : Final Departure (B).

In your spare time here enjoy a quick souvenir shopping session in the markets of Kathmandu. Join us for a farewell breakfast with your team and share your experience and suggestions alike. With some

wonderful stories and memories to return, you will conclude this amazing tour with Asia Experiences. We will drop you off at the airport before your departure back to your next destination.

Cost & Inclusion

Nepal :

- Breakfast in Nepal.

Tibet :

- Breakfast in Tibet.
- Processing Travel Permit and Entry Visa.

Bhutan :

- Full meals in Bhutan.
- Processing Travel Permit and Entry Visa.

Extras :

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.

FAQS

1. Can you supervise the procedure and ticketing of the International flights too?

Answer: Generally, we handle only internal and international flights involved within our tour only. But we can aid you by recommending some of the best and reliable international flight providing companies around the world to your destination.

2. Do you also manage some less expensive tours for a small group joining tour?

Answer: Asia Experiences organizes private tours with private guides and vehicles. You can come as a group of any number or be a solo traveler you will be given the same services without any distinction. But we don't provide any group joining tours at the moment. Also let us assure you that you are getting the best services in very reasonable price here as your satisfaction is our success.

3. What are the amenities at your three-star, four-star & five-star hotels?

Answer: Amenities in different star hotels are according to standard requisites. Extra privileges are also provided to you in some hotels falling under these categories. So, it's very much similar to the services provided by hotels in these classifications in other countries.

4. Is it possible to get rooms with one bed, ideally king or queen-sized or twin or triple?

Answer: Yes you'll have the privilege to choose the rooms you feel comfortable apart from that we provide to you. Also the Hotels you'll be staying will have different variety of rooms furnished with different bed sizes too. So don't stress in these topics and be carefree while travelling with us.

5. Can we have guides having both local knowledge and English expertise? And how do our guide helps us to accomplish our goal?

Answer: Yes, you will be provided with the guides from the start of the journey till your departure. The guides we provide are local experts having knowledge in each and every sector of this tour. Similarly, they are trained with different courses for your aid. In addition to it each guide can speak and understand fluent English.

To stick along with your guide is the best way to complete this journey without missing a thing. Our guides are trained for expertizing the trails and the regulations of your destinations. In a word, you can say that your guides are the safe side factor of your tour.

6. Can we add a "free day" to relax and walk around ourselves without a guide during our tour?

Answer: Sure, it is your choice and you need to add an extra free day or free hours in your tour itinerary to relax and walk. We do suggest a guide but if you want to experience the raw experience and some personal time you are permitted to have it.

7. Can we be able to do a day-hiking without getting caught in snow storms or sopping wet in these countries?

Answer: Well, normally these countries have a wonderful weather but sometimes you can get drizzles in rainy seasons. However snow storms are predictable and your guide will prevent any risks in those cases. In both case your guide will be able to help you overcome the risks if there is any.

8. In case of bad weather is there any travel insurance that covers all the costs i.e. cost of changing flights, hotels in case we are stuck in a city? And can we get the trip next day after the weather becomes good?

Answer: Well the travel insurance totally lies in your hand as we don't provide them here. However we do provide you with the letters and necessary documents of cancelation of your tour to your insurance

company. In case of bad you will definitely continue the trip the next day.

9. Are there any chances of festivals happening in any of the countries/cities while we're visiting them?

Answer: Absolutely, as all these countries are rich in culture and tradition you might get lucky to find yourself during one of them. As these festivals fall according to days in the lunar calendar we don't have fixed English date of these festivals. For more information about the festivals visit the links below.

- i) [Bhutan Festivals list](#)
- ii) [Nepal Festivals list](#)
- iii) Tibet Festival list

10. Are there balloon excursions/rides in any of the above places? Does it provide panoramic views?

Answer: No, sadly the weather in these countries is not perfect for balloon rides. However you can have an amazing excursion of Balloon which is available in Bagan, Myanmar. One balloon has a capacity 8-16 person at a time plus you will see panoramic views of Bagan (Parallel Pagodas) from the sky.

11. Is the duration of tour fixed or flexible? Can we shorten or lengthen duration?

Answer: Yes, it is a private tour and you can modify as your own wish. The duration of our tours is always flexible.

12. At what type of hotel are we staying? Can we see a view from the room, ideally with a private balcony?

Answer: You will be facilitated with top notch hotels in the city areas whereas it depends on the hotel and hotel room availability in rural destinations. Generally, you will get a hotel with a quiet and clean environment, room with hot water, ambient heating. We will request to the hotel with your additional concerns too. A view is that part which is by your side throughout your journey. So, be assured of getting nice views, wherever you are.

13. Can we get a direct flight from Lhasa to Bhutan without arriving Kathmandu?

Answer: No, there is no direct flight from Lhasa to Bhutan (Paro). Similarly, there is only one flight to Lhasa or Bhutan (Paro) from Kathmandu per day and 3-4 flights per week. That's why you just need to stay overnight as compulsion in Kathmandu while flying from Lhasa to Bhutan or vice versa.

14. What items of clothing are needed in Tibet, Bhutan, and Nepal?

Answer: It depends on the traveling seasons in which your tour is taking place. Typically, you will have a moderate climate in Kathmandu but as altitude rises you will have to prepare for a little chill in the regions of Tibet and Bhutan.

15. Do any of the flights have baggage size and/or weight restrictions? If so, what are those limits?

Answer: Restrictions are standard 20-30kg for luggage and 7 kg for the handbags.

16. Do you recommend these itineraries for the first-time traveler to these countries?

Answer: Yes, to experience all these unique lifestyle, food, culture, unique landmarks, and natural wonders of these nations you will need to follow our guided itineraries. It is also a safe way of missing nothing special in your visit.

17. If I book my own flight, would you provide an airport transfer to and from the hotel?

Answer: Yes, you have the options to book all your flights yourself. We will happily provide all transfer from the airport to the hotel.

18. Are the Inter-country/Inter-city flights included in this price?

Answer: These flights cost quoted separately.

Essential Information

1. Location of Nepal, Tibet and Bhutan

[Nepal, Tibet, and Bhutan](#) are amongst the most sought after destinations constituting the best shades of the Himalayas. A trip covering all three is ideal for nature and culture admiring individuals all around the world.

- [Tibet](#) is the most extensive of the three predominantly lying in the Tibetan Plateau in China and composes most of the northern and western fraction of the great Himalayan range.
- Sharing the border with Tibet in its west is [Nepal](#) with diverse geography and culture and lifestyle inspired by China and India surrounding this landlocked country in South Asia.
- [Bhutan](#) is a small Himalayan nation and is least populated of the three to the south of Tibet and enclosed on the remaining side by the Indian states of Arunachal Pradesh, Assam, and West Bengal.

2. Recommended routes to take for traveling between Nepal, Tibet, and Bhutan

One can start their journey from any of these three places, however, starting from Nepal is considered as most beneficial as Tibet and Bhutan both are easily accessible through flight and overland drive from here. Here are three routes to consider for the Nepal Bhutan and Tibet Tour.

Route 1: Starting from Nepal- 'The Best and Hassle-free Route

- Your route commences with a tour of Nepal and from here you can select either Bhutan or Tibet as your next destination. You will return back to Kathmandu and you can choose to Fly or drive to the next destination. We will handle your visa and permits completely if you choose this route to travel.
- *Starting from Nepal is your best option because*
 - There are no direct flights from Tibet to Bhutan and vice versa
 - Applying for the travel permits and Visa for both Tibet and Bhutan is easier from here.
 - The flights to Tibet/Bhutan run daily and at least 3-4 times a week in low tourist season.
 - Acclimatizing is better through this route in comparison with the other two
- After completion of the tour, you can depart back home through either Bhutan or Tibet.

Route 2: Arrival in Bhutan (Fly to Nepal- Fly/Overland to Tibet)

- The route commences after landing in Paro, Bhutan. Paro airport is approachable from Bangkok, New Delhi, Dhaka (Bangladesh), Singapore or Kathmandu (Nepal). You can arrive here through any of the above nations after taking the availability of flights under consideration.
- After exploring the planned places and sites in Bhutan, you will either fly to Kathmandu from Paro. The flight is about an hour long and runs daily (3-4 times a week off-season). After arrival, you will visit the destinations as mentioned in the selected itinerary in Nepal.
- Upon completing the Nepal portion of the trip, you can either drive or fly to Tibet from here. The flight takes about 1 hour and 15 minutes and [overland tour extends to three extra days going through Rongbuk/Everest Base Camp, Shigatse, and Gyantse cities](#) of Tibet. You will continue the exploration and depart after the conclusion of the tour from Tibet.
- We will take care of all the necessary visas [Chinese \(Tibet\) visa](#) will be applied on your first day in Kathmandu, It needs a minimum of 3 working days to get.)

Route 3: Arrival in Tibet (Overland/flight to Nepal- Flight to Bhutan (Via Kathmandu)

- The route commences after reaching Lhasa, Tibet. You can arrive here through flights or from the trains connecting Tibet from different cities of China.
- After exploring the planned places and sites in Tibet, you will either fly or drive to Kathmandu and the latter is also one of the best overland tours of Asia. The flight is about 1:15 hours long and goes over the Himalayas to Kathmandu. After arrival, you will visit the destinations as mentioned in the selected itinerary in Kathmandu.
- You will fly to Bhutan and the flight takes place daily (in some selected conditions 3-4

times a week in minimum). The flight is about 60 minutes long and takes you to Paro Airport in Bhutan. You will continue the exploration and depart after the conclusion of the tour from Bhutan.

- You must manage the Chinese Visa by yourself prior to the tour from your respective nation. We will manage your [Bhutan visa](#) in advance and [Nepal visa](#) will get upon your arrival in Kathmandu (Nepal).

3. Documents to own Before/During the Travel

1. Tibet Travel Permit (TTP)

TTP is mandatory for visitors of any nation entering or exploring Tibet. You must have a valid passport and Chinese Visa to apply for this permit and it can be done only through registered tour operators (Individual unobtainable). It's best to apply 2-3 weeks before the trip for assurance of the timely arrival of TTP.

2. Chinese Visa

Chinese Visa is compulsory to enter any region of China or Tibet. There is no Visa on arrival (VOA) service so each traveler must apply for it from the Embassy of the People's Republic of China, before entering mainland China from your home.

3. Bhutan Visa

As the Bhutanese embassy is only present in five nations around the world, you will have to book through a registered travel agency for the visa. After the tour is booked, the agency will have the visa processed with the Bhutanese immigration department in Thimphu, Bhutan.

4. Nepalese visa (Visa on Arrival)

Apparently, you can pre-process for the Nepalese Visa from the Nepalese embassy from your nation or get a visa on arrival in the TIA, Kathmandu (Tribhuvan International Airport) or any land borders entering from India/China. The process is quick and easy.