Asia Experiences

Product of Everest Vacation Private Limited

Chengdu Tibet Nepal Bhutan Tour (Overland tour from Lhasa to Kathmandu)

17 Days Exclusive & Personalized Journey

A complete natural, scenic, and cultural experience in the boundless journey of the Himalayas



Destination Highlights

- **Chengdu: 3** Nights in Chengdu with Panda base and Leshan Buddha
- **Tibet:** 6 Nights in Lhasa, Tibet with Potala Palace, Drepung Monastery, Yamdrok-Tsho Lake, Gyantse, Shigatse, Rongbuk Monastery (EBC).
- **Nepal:** 3 Nights in Kathmandu with Bhaktapur Durbar Square, Pashupatinath, Boudhanath, Patan, Nagarkot and local market.
- **Bhutan:** 4 Nights in Bhutan with Taktsang Monastery (Tiger's Nest), Paro Valley, Thimphu with weekend market and Punakha Dzong.

Customizable Private Tour
Tailor Your Journey with Flexible Dates, Accommodations & Activities

1. Choose your own departure date
2. Select the comfort level of accommodation
3. Adjust activities to cater to special interests
4. Modify tour duration and any aspect of the tour as needed
5. Flexible travel route {start from Chengdu (China) and end to Paro (Bhutan/Bangkok) or vice-versa}

Trip Highlights

- Visit the Chengdu Research Base of Giant Panda Breeding and the giant Buddha of Leshan.
- Experience a vast difference with geography, culture, and overall lifestyle here.
- Monasteries & palace of former Dalai Lama.
- Admire the view of Lhasa with **Potala Palace of Dalai Lama**.
- Explore the beauty of Tibet with amazing view of Mt. Everest with sunrise and sunset.
- Enjoy the ancient **world heritage sites** of Kathmandu.
- Enjoy the delightful valley of **Paro, Thimphu, Phunakha and Wangdue**.
- Hike to Paro **Taktsang Monastery (Tiger's Nest)** in Bhutan.

Trip Overview

Asia Experiences has precisely designed the 17-day Overland Chengdu Tibet Nepal Bhutan tours. A magical journey experience through the hills of authentic Chinese art to the barren shades of Tibet. The journey from the stone-patched alleys of Nepal to the mystic valleys of Bhutan is phenomenal. The natural beauty of each destination along with cultural and spiritual richness are sure to captivate visitors.

Spending 3 nights in the 'Land of Abundance ', Chengdu offers visitors a great opportunity to explore the artistic beauty of the town. Visiting UNESCO-listed Leshan Giant Buddha on a ship is a unique experience. Observe the Giant Pandas and learn about them at the Chengdu Research Base of Giant Panda Breeding Centre. To get a sight of the fun-loving Pandas is a joyous experience. Savor the delicious local cuisines as UNESCO has recognized it as a city of gastronomy. Then, fly or take a scenic train ride to Lhasa, Tibet.

The geographical and cultural diversity from Chengdu to Lhasa (Tibet) surprises many visitors. The 6 nights in Lhasa take visitors to the renowned Potala Palace and spiritual monasteries. The architectural structures of the monasteries and palaces are remarkable and reflect deep culture and spiritualism. It is a delight to eyes to get a view of the beautiful Yamdrok Lake. The overland tour to Nepal traversing Gyantse, and Shigatse takes close to the Rongbuk Monastery (EBC). The view of northern Everest from the Rongbuk Monastery is marvelous. Appreciate the local cuisine and Tibetan lifestyle.

The small landlocked nation of Nepal amazes visitors with its diverse landscapes, rich history, culture, and nature. 3 nights in Kathmandu delights visitors with the architecturally stunning ancient Durbar Squares, and local cuisines. The sunrise view over majestic Himalayan ranges from Nagarkot is mesmerizing. Walking through the vibrant streets and passing through the local markets provide a sight of a local lifestyle. Explore the preserved landmarks and listen to the fascinating hidden stories related to them.

Bhutan is a mystical landlocked Himalayan nation that is largely untouched by modernization. The well-preserved culture and tradition of Bhutan is reflected in its Dzongs, fortresses, and monasteries. The architecture, arts, deep-rooted Buddhism, and spiritual essence in Bhutan enthrall the visitors. The 4 nights in Bhutan take visitors to several iconic landmarks of beautiful Paro Valley, Thimphu, and Punakha. A hike to Taktsang Monastery (Tiger's Nest) along with walking through the rice fields, and trying Bhutanese cuisines is treasured for a lifetime. The friendly and smiling locals verify Bhutan's statement of Happiness over GDP.

Your Journey day by day

Day 01 Arrival in Chengdu

> *Please note that travelers need to obtain a China visa in their home country and collect the Tibet Travel Permit. This permit will be provided in hard copy at your hotel in Chengdu.

After your arrival in Chengdu, you will be approached by our representative. He/She will lead you to your hotel from the airport. *Chengdu is the capital of the Sichuan Province in Western China. You will have a short briefing and orientation about this whole tour of your hotel. After some rest today you can head out for a short stroll around your hotel. If you have enough spare time today, you can take a short walk exploring the ancient Jinli street. You can try some of the favorite local snacks here.* Overnight at a hotel in Chengdu.

Day 02 Leshan Buddha and Chengdu Highlights

Morning drive (~2 hrs) to Leshan Giant Buddha, a 71m tall stone-carved statue built (AD 713–803) to calm turbulent waters. Walk the Nine Bends Plank Road (217 steps) for a closer view. Return to Chengdu and explore lively Jinli Old Street with local snacks, artifacts, and folk shows.



Day 03 Chengdu Panda Base & City Tour

Visit the Chengdu Panda Base to see adorable pandas in their natural habitat, from playful cubs to adults. Explore Wenshu Temple's peaceful paths and nearby Wenshufang Bazaar. Relax in People’s Park with tea, local entertainment, and traditional leisure activities.

Day 04 Fly to Lhasa (3600meter) (Train ride also possible)

We will take you to the Chengdu airport where you will board a flight to Lhasa. You also have an option to take a long train ride there (*Chengdu – Lhasa Train: 3070KM – 36 hours*), but the flight is suggested for your comfort. After landing, you will head towards the hotel in Lhasa and rest for the day for the high elevation acclimatation. Overnight in Lhasa.

Day 05 Lhasa Sightseeing Potala and Norbulingka Palace



We will begin the Sightseeing tour of Lhasa, the capital of Tibet today. Kick start the day with a warm Tibetan tea in your hotel. Today's tour constitutes of two significant attractions and some brief stopping in the other destinations. We will visit the former ruling seat of the Dalai Lamas of Tibet, the Potala Palace first today. Potala Palace is an architectural masterpiece, and one can explore the vibrant Tibetan Art and culture here. In the palace premises, you can visit the grand chapels, large courtyards, staterooms, and beautiful gardens. The artistic decorations, sculptures, old paintings, murals and other components of the Palace is mesmerizing here as well. We will head next to visit Norbulingka Palace, the Summer Palace of Dalai Lamas. Alongside the architecture, local houses, and small prayer shrines here, the vast Palace gardens are the most known and popular feature of Norbulingka Palace. We will head towards the Museum in Lhasa where one can know a lot about the culture, artwork, and history of this beautiful state of Tibet. Overnight in Lhasa.

Day 06 Lhasa Sightseeing Sera-Drepung Monastery, Jokhang Temple

We will resume our tour of Lhasa by visiting some of the other best attractions in and around the city. After our breakfast here, we will head towards the majestic Drepung monastery. It is one of the largest monasteries in Tibet with more than 10,000 monks studied here in the past times. The courtyards, shrines and some of the best architecture makes this monastery a must visit place in Lhasa. After some time here, we will head towards the Sera monastery within a short driving distance from here. Both these monasteries are two of the three major Gelug sect monastery in Tibet. The designs, Murals, and architecture of these monasteries alongside the breathtaking view of the landscape from here is a fantastic combination. From here we will then visit the UNESCO world heritage site, Jokhang Temple. Besides the famous Barkhor Street, this temple is the most significant shrine of Tibetan people. Here, you can have a better view of the local culture, tradition, and everyday lifestyle. You can try some Tibetan delicacies and return to your hotel.

Day 07 Lhasa - Gyantse (3950m) -Shigatse (3900m)

After breakfast, we will prepare and start our overland tour from Lhasa to Kathmandu. We will drive to Shigatse via Gyantse tour today. The road trip from Lhasa quickly joins the friendship highway and towards the Khamba La pass at 4794 meters. For the first part of the drive, you can savor the breathtaking views of

Yamdrok-Tso Lake and Nazin Kang Sa Mountain (7252 m). Heading towards Gyantse, you can also enjoy the sightings of snow-capped mountains and massive glaciers from the road. We will pass small Tibetan settlements where we can try some snacks before reaching the town of Gyantse. This historically significant town is in a beautiful valley and was one of the major cities where multiple trading routes were mixed. Our stay here will be brief, and we will visit some of the dzong ad monasteries in the stop. Our journey continues for about a couple of hours from Gyantse and ends today at Shigatse. The second-largest city in Tibet, Shigatse is beautiful and full of life. We will visit the Tashilupo monastery which is the seat of Panchen lamas of Tibet and one of the largest functioning monasteries here. Overnight at a hotel in Shigatse.

Day 08 Drive Xigatse (Shigatse) to Rongbuk/ EBC – (5000m)

The drive of today to the famous Rongbuk Monastery from Shigatse is packed with wonderful views of the landscape and natural scenery. The road is smooth, and we will be passing the highest point of the tour, the Gyatchu La pass at 5,220 m today. We will first cross Lhatse and drive through a pass nearby. Moving on from small stops where we will have our lunch, we will pass by Tingri village. Another two to three hours of the relaxed drive, followed by small patches of settlements, will take us to Rongbuk monastery (5000 m). The north face of Everest is a sight to relish here in Rongbuk. Rongbuk monastery is also the starting point to hike to the northern Everest Base Camp. Witness a beautiful sunset over Mt. Everest (8848 m). Overnight in Rongbuk

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Day 09 Drive to Gyirong/Kerung from Rongbuk (Everest Base Camp)



We will wake up with the monks in Rongbuk and start our drive to the China-Nepal border at Kerung/Gyirong. With a beautiful view of the sunrise and the Everest, we will start the journey early. For the first portion of the drive, we will do high passes with views of steep hills and snow-covered mountains. We will cross the Lalung La (5,124 m) and Tong La (5,120 m) and the views of Mt. Cho Oyu, Everest and Sishapangma are pristine in a clear sky from the passes. We will drop some altitude, and the landscape also begins to change as we get nearer to Kerung/Gyirong. We will stay on the Chinese side for the day. Overnight at a hotel in Kerung/Gyirong.

Day 10 Kerung/Gyirong to Kathmandu

After bidding farewell to your Tibetan guide and driver, we will start our journey to the Nepal's Capital city (Kathmandu) from Kerung today. The drive is thrilling beside the green hills and Trishuli River straight from the mountains. We will stop in the intermediate hill settlements to have our lunch in the way. The windy roads will lead you to the valley, and you'll head straight to to your hotel here. Overnight at a hotel in Kathmandu.

Day 11 Kathmandu Sightseeing

Today will be a complete heritage tour of the Kathmandu valley commencing from the famous Kathmandu Durbar square in a walkable distance from your hotel. We can witness a lot about the medieval history, culture, and architecture of the Kathmandu valley here. The shrines and monuments of the square hold many different story and religious importance too. Here, we will also visit the Temple of the living goddess Kumari in our visit. Next, we will head towards the Temple of Swyambhunath or also popular as 'The Monkey Temple.' We will hike a while to reach the beautiful dome at the top from where the view of Kathmandu valley is exquisite. From here we will head towards the Hindu Shrine Pashupatinath with a short drive. In the banks of the holy Bagmati River, we can explore more than 500 small and big shrines, Shiva Lingams, and Temples. We will head towards the Boudhanath stupa next from here. The vast white dome is the biggest stupa of Nepal, and one can experience the influence of Tibetan art on the premises. We will drive back to our hotel in Thamel and rest for the day there. Overnight at Kathmandu.

Day 12 Bhaktapur, Changu Narayan, and Nagarkot Sunset



Our tour of today constitutes of visiting some of the best places in Bhaktapur city, one of the three major cities of the Kathmandu Valley. Bhaktapur is well known for the best-preserved culture and traditional lifestyle in the valley. We will visit the Bhaktapur Durbar Square first here. The fifty-five windows palace, Pottery square, Nyatapola temple complex, and the Bhaktapur museum are some of the major attractions here. We will head towards another cultural treat of Changunarayan temple next from Bhaktapur. Changunarayan holds some of the significant inscriptions and sculptures aging back to the 3rd century. The carvings in the roofs, windows, and idols are the finest of the local artists from that period. The main temple is devoted to the Hindu god Vishnu. We can also try some local cuisine here before continuing our way to Nagarkot. After sunset views from Nagarkot, drive back to Kathmandu. Overnight in Kathmandu.

Day 13 Fly to Paro, Drive to Thimphu

We will have a majestic sunrise view with the hills and Himalayas from Nagarkot village today. After some time here we will head towards the Tribhuvan International Airport (TIA) and fly to the Paro airport in Bhutan. After arriving at Paro, our representative from Asiaexperiences will approach you and transfer you to your hotel in Thimphu. The guide will provide you a brief introduction about this tour on the way to Thimphu.

Halfway to the Paro-Thimphu highway, visit the 16th-century old Tachogang Lhakhang temple by traversing an old bridge. From the bridge, enjoy the scenic views of the villages. Tachogang temple means the hill of the excellent horse. Continue to drive to Thimphu. After reaching the hotel, you can rest for a while and head for a walk around it. You can also attend the evening markets here today. Overnight at Thimphu.

Day 14 Sightseeing in Thimphu

We will spend our day visiting the major attractions in and around the capital Thimphu. After our breakfast, we will visit the King's Memorial Chorten made in the memory of King Jigme Dorji Wangchuck (1928-1972 AD). After some time here, we will visit the mini zoo and take a glance at beautiful animals alongside the national animal of Bhutan 'Takin'. We will visit the nunnery temple and the traditional medicine institute of Thimphu. We will continue our Thimphu sightseeing tour after lunch visiting the painting schools and traditional paper factory here. Next, we will visit Tashichho Dzong. This old fortress holds a great significance in the history of Bhutan. We will also visit Bhutan Postal Museum, Folk Heritage Museum and end our tour with a visit to the Great Buddha Dordenma statue which is the largest statue of Bhutan. We will return to our hotel and rest. If you have made the Trip overlapping weekends in Bhutan, you will have an opportunity to attend the weekend markets and experience the local trade and lifestyle here. Overnight at Thimphu.

Day 15 Thimphu to Punakha and Back



We will drive to Punakha after breakfast today. In the way, we will stop at the Dochula Pass at 3,100 meters. From this pass, we can enjoy a fantastic view of the Himalayan range centered by Gangkhar Puensum (7,570 m: highest in Bhutan). The Druk Wangyal Chortens lies in the pass which was made in honor of war soldiers of Bhutan. From here we will make brief stops at the temple of divine madman, and the temple of fertility before reaching Punakha. We will visit the famous Punakha Dzong here in the banks of Pho Chu and Mo Chu rivers and spend some time in this magnificent Dzong. We will also cross the oldest Punakha Suspension Bridge which connects three villages to witness the wonderful surrounding views. We will then return to Thimphu besides the hills and rice fields and rest for the day. Overnight at Thimphu.

Day 16 Thimphu to Paro and Taktshang Monastery hike

We will take a short drive to Paro after breakfast and start our walk to the Tiger's Lair, Taktsang Monastery. The main highlight of Bhutan, this monastery is a beautiful place to be with magnificent landscape views of the surrounding regions. Located at a sharp face of a high hill, the hike to it is certainly not easy. However, with our experienced guides, you will be assured the safest route to it. Many legends are granted at this monastery with some claiming that one the great Guru Rinpoche meditated in the caves of this monastery. After spending some time here, we will return to Paro and have lunch.

Next, visit the beautiful Paro Dzong and National Museum of Bhutan. End your trip by visiting Kyichu Lhakhang. You can see the oldest Jowo temple which was built to stop female giants from preventing the spreading of Buddhism across Tibet. Overnight at Paro.

Day 17 Final Departure via Bangkok/Kathmandu/New Delhi

This wonderful vacation of these wondrous nations of the Himalayas ends with a high note today with a departure flight providing the view of Himalayas to your next destination. With a heart full of great stories, treasured moments, and unique experiences that you have collected throughout the tour, this vacation will be the next chapter to your travel diaries. Our team of Asia experience will be in touch for your invaluable feedback and suggestions. We will drive you to the airport for your return flight from the hotel.

Cost & Inclusion

Tibet;

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Breakfast in Tibet.
- Processing Travel Permit and Entry Visa.

Nepal;

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Breakfast in Nepal.

Bhutan;

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Full meals in Bhutan.
- Processing Travel Permit and Entry Visa.

Select;

FAQS

Is this a private tour?

It is completely a private tour that includes a private vehicle, a private guide and accommodation as per your choice.

What facilities do we get during a private tour?

You get the facilities of a private vehicle and a private guide and hotel as per your choice during this private tour.

Are the vehicles private or public?

Throughout the tour, all the vehicles are private. It is for you or your team only.

What type of vehicles are there?

We provide a private vehicle depending on group sizes such as SUV, Coaster, and HiAce that are comfortable.

Where to visit for the Chengdu day tour?

Panda Centre and Volunteering in the Panda Centre, Leshan Temple, and Wenshu visits are some amazing destinations for the Chengdu day tour.

Is it possible to spend a half day at Panda Centre and volunteer at the Centre?

Yes, it is possible to spend a half day at Panda Centre and volunteer at the Centre.

What is the best way to explore the Chengdu day tour?

The best way to explore the Chengdu day tour is by combining the half-day Panda Centre and the half-day Leshan temple tour but can be slightly hurried.

Where to stay during the Shigatse to Rongbuk Monastery/EBC overland tour?

It is best to stay at Shegar as there is the availability of a local 3-star hotel with an attached toilet during the Shigatse to Rongbuk Monastery/EBC overland tour.

What type of hotels are there in Shegar?

There are mainly 3-star local hotels in Shegar with an attached bathroom which is comfortable to stay in. **Everest Hotel** in Shegar is one of the best options.

How to get to Rongbuk/EBC from Shegar?

Take an early morning ride from Shegar on a private vehicle accompanied by a private guide to Rongbuk/EBC to witness the amazing sunrise view and phenomenal views of Mt. Everest and drive to Gyirung afterwards.

How are hotels in Gyirung/Kerung?

The hotels in Gyirung/Kerung are the same as in Shegar i.e. local 3-star hotel with an attached bathroom.

What airlines do you use for the internal flights?

We use mostly Air China Airlines for Lhasa flights and Druk Air Airlines for Bhutan flights.

What is required for payment and how much is the deposit?

We require compulsory scanned copies of your passports and the deposit is 20% of the total cost for the overland tour and 100% internal flight cost.

When to pay the remaining amount?

The remaining amount must be paid before 60 days of the travel date.

Is there any deadline for booking?

There is no strict deadline for booking but it is better to book earlier as the flights to Bhutan and Tibet are limited and the limited availability of the best hotels at certain places. There is only one daily flight to Bhutan from Kathmandu.

How can we make the payment?

You can use a single card or two separate cards for payments as per your preference but you have to pay an extra 4% of the payable amount as a card fee for the bank.

What essentials should we pack for the Nepal and Bhutan tours?

For the Nepal and Bhutan tours, we suggest packing only essentials including personal items, recommended medicines, comfortable shoes, and seasonal clothes. Make sure to pack appropriate whole-body covering clothes to tour the religious places (temples, stupas, and monasteries).

What do foreigners usually use to communicate while in Tibet/Nepal/Bhutan?

In Nepal, Tibet, and Bhutan, foreigners communicate using Wi-Fi networks and apps like WhatsApp, WeChat, Viber, and Messenger to communicate as Wi-Fi is easily available in most places. They can also purchase local SIM which is easy to get for communication.

Are most people able to communicate in English?

In Nepal, Bhutan, and Tibet, only a limited number of people can communicate in English but there are good English-speaking staff to assist you in hotels and restaurants. Also, you are accompanied by a fluent English-speaking private guide to coordinate during your tours.

Contact Us

Asia Experiences

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