

Nepal Bangladesh and Myanmar (Burma) Tour

Three of the must-visit places of Asia- composing the diverse cultural, scenic, religious, art and history



Overview

Nepal Bangladesh and Myanmar (Burma) Tour is composing the diverse cultural, scenic, religious, art, history and monumental delights of three of the must-visit places of Asia. Each of the nations in our journey has a glorious history, monuments reflecting the history and lifestyle from the ancient period till now and compose the hidden gifts of natural beauty within them. We can observe the three different shades of Asia in our tour with <u>Asia Experiences</u>. From the Hills and mountains; the long beaches and vast delta; we will reach the lush jungles and calm lakes and complete this amazing journey.

Nepal is the hidden gem and the commencing point of our tour. One can feel the positive energy soon after landing in the land of the **Everest**. Walking in the streets and greeting the locals, you will feel this place unique and yet so familiar. After visiting the heritage sites, you will know a lot more of this country than the Himalayas here. As a nation with a large variety of ethnic groups, treat yourself with new cuisine, lifestyle, and culture in your every next destination here. Rise with a magnificent sunrise every day with the views of the landscape from any place of this country. Attend the cultural programs perfect to showcase the side of the local untouched by the influence of Western trends here. Rinse your soul in the **Buddhist and Hindu pilgrimages** alongside thousands of devotees here.

Our tour of <u>Bangladesh</u> is a perfect opportunity to witness the art and culture of this beautiful nation from the early Mughal era till now. In the monuments and archeological sites here, we can unravel the art and beauties of these lands. Explore the modern as well as the old markets of the areas of the great cities here.



The journey with speed boats, ferries, and local fishing boats here will be a unique experience to you. Learn the local fishing techniques and visit the beautiful mosques in this nation. End your day with a pleasant sunset over the rivers and start your next gulping some local cuisine here. Experience the unity of the people and the joy of traditional rural lifestyle in the villages here. Adventure embraces you at each of these destinations in Bangladesh.

Myanmar is a nation of thousand of pagodas and one can experience an overwhelming cultural and ethnic ecstasy in the places of our visit here. Start your day with the monks here hiking to some of the best pagodas or one with fewer tourists in a peaceful setting. Diving deep in the tropical jungles lose yourself in nature and explore the fantastic art of the temples in Myanmar. View the rays of sunrise glazing over the **golden Shwesandaw Pagoda** viewing the landscape with numerous pagodas touching the horizon. Fall in love with the local cuisine which is inspired by many other Asian regions here. Learn the local lifestyle better by visiting the oldest and most beautiful Buddhist pagodas of the world here in Burma. Our journey also embeds short hiking and boat excursion trips leading to the local attractions, temples, and tribal villages. In this short visit to these fabulous nations with Asia Experiences, you will find a beautiful instant connection with the locals which urges you to visit here again. Experience much more than what you've seen on the internet of these nations in this tour.

Highlights

- **Nepal:** 5 Nights in Nepal with Boudhanath, Pashupati, Swoyambhunath, Patan Durbar Square, Bhaktapur Durbar Square and Chitwan with jungle safari.
- **Bangladesh:** 4 Nights in Bangladesh with archeological sites & Buddhist monastery of Bogra & Comia, City Temples of Paharpur.
- Myanmar: 5 Nights in Burma with Shwedagon Pagoda at Yangon, Buddist Pagodas in Bagan and view of floating houses in Inle Lake.

Outline

- 1. Choose your own departure date
- 2. Select the comfort level of accommodation
- 3. Adjust activities to cater to special interests
- 4. Modify tour duration and any aspect of the tour as needed
- 5. Flexible travel route (start from Kathmandu and end to Dhaka/Bangkok/New Delhi or vice-versa)

Your Journey day by day

Day 01: Arrival and welcome at Kathmandu

After landing in Kathmandu, our Asia Experiences representative will approach you with a placard in the arrival section. You will receive authentic Nepali hospitality with a colorful garland made from the seasonal flowers here. After a quick introduction, he/she will take you to your hotel (Location: Thamel) in our private AC vehicle. In the way, you can experience the busy city life of Kathmandu and will have a brief orientation session of this Nepal-Bangladesh tour. You can head out for the street tour of Thamel in the evening or rest in your hotel for today. Overnight at a hotel in Kathmandu.



Day 02: Kathmandu tour with Patan

Our tour day of today highlights five of the <u>UNESCO heritage sites of Kathmandu</u> and Patan. These historical, religious and cultural destinations are a great way to more about the ancient central Malla kingdom of Nepal. We will start our heritage tour today with a visit to Swyambhunath temple or "The Monkey Temple." This stupa is one of the oldest Buddhist temples in Nepal of the UNESCO world heritage list and is a pilgrimage for both Hindu and Buddhist devotees. We will pay a brief visit to the temple of <u>Pashupatinath</u> next. Hindu devotees all over the world visit this significant shrine of Lord Shiva besides the holy Bagmati River. From here we will visit the <u>stupa of Boudhanath</u>. The area reflects Tibetan Buddhism in this country and is the biggest Stupa of Nepal. We will then drive to the Patan or Lalitpur city and visit Patan Durbar Square premises here. We will return to Kathmandu from Patan and rest for the day here. Overnight at Kathmandu.

Day 03: Kathmandu-Chitwan by drive/flight

Early in the Morning, we will take a short drive of about an hour to the Nagarkot village in the hills of the outskirts of Bhaktapur city. The sunrise view over the Himalayas from the village top view tower here is among the best in the world. After some time here, we will return to Kathmandu making a brief stop in Bhaktapur in the way. We can either fly (25 mins) or drive (6 hrs.) to Chitwan as our second destination of today. From the drive/flight, we will head straight to our hotel in Chitwan. You can take an evening tour to the local villages of Tharu people nearby and explore their lifestyle in the evening. A Tharu cultural program in the hotel will be a perfect way to end our day showcasing their traditional dresses, dance, and culture. Overnight at Chitwan.

Day 04: Chitwan National Park

After breakfast, we will head towards of Chitwan National Park entrance. We will start our Jeep/elephant (optional) safari shortly after taking our permits to enter the park. This safari is one of the best in the whole Asia continent providing us the opportunities to encounter some very rare wild animals and birds. The Royal Bengal Tiger and One-horned Rhinoceros are the major attractions here alongside many other species of Mammals, birds, and reptiles. After the Safari, we will visit the elephant breeding center and egg hatchery in the premises of the park. View the sunset over the Narayani River and rest in your hotel. Overnight at Chitwan.

Day 05: Chitwan-Kathmandu by drive/flight

We will have an optional bird watching tour before our return trip to Kathmandu. You can sight some of the beautiful migratory and local birds from some chosen watchtowers in the Park. Fly or drive back to Kathmandu and head to your hotel. We will visit the Kathmandu/Basantapur Durbar square in your spare time today. The Kumari temple, Temples of Bhairab, ruins of Kastamandap, and many other beautiful monuments are the attraction of the square. You can return to your hotel taking a short walk from here. On the way, you can also do some souvenir shopping in the Thamel market. Overnight at Kathmandu.

Day 06: Fly to Dhaka and Transfer to your hotel

You will fly from the TIA Kathmandu to the Shahjalal Airport in Dhaka today. This flight is of about 1.5



hours long. Our Bangladeshi guide/representative will receive you at the airport for this tour. Taking your arrival time into consideration, we will visit some of the nearby city attractions of Dhaka. The colorful flower market, the temple of Dakeshwari, Dhaka University, Lalbagh Fort, Pink Palace (Ahsan Manzil) and the Parliament House are the shortlisted places to visit today. Try some Bengali style dinner in the local restaurants and rest for the day at your hotel here. Overnight at Dhaka.

Day 07: Flight to Rajshahi, Drive to Paharpur via Kusumba mosque and to Bogra.

We will drive to the airport after breakfast and fly to Rajshahi in the morning. We'll drive to the historical Paharpur making a brief stop to visit the Kusumba Mosque in our way. This mosque was built in the period of 14th to the 16th century, and the architecture and stone-carved art here reflects the components of that era. After some time here, we will drive to the UNESCO world heritage site of Somapura Mahavihara in Paharpur. This site is the most significant archeological sites in Bangladesh. The remains of walls enclose many statues, inscriptions, terracotta Plaques, coins, and ceramics aging back to the 4th century or older. A traditional Buddhist stupa lies in its center. We will then visit the tribal villages and witness the local lifestyle of Paharpur. We will continue our drive after a visit here to the Bogra city today. Overnight at a hotel in Bogra.

Day 08: Bogra Tour, Drive to Rajshahi and visit Puthiya temple.

Our Bogra tour will primarily focus on three of the major archeological sites of the area alongside the visit of the local village areas. Mahasthangrah with Govinda Bhita, Basu Bihar and Gokul Medh are our three destinations for Bogra today. Each of these sites holds many significant remains of the people, monastery, and palace situated in these areas from the period of the 3rd century to the 7th. With our local guide, you will know all the essential information about these places. Try some of the regional cuisines in the villages surrounding these areas where the people are friendly and welcoming.

After the Bogra visit, we will drive back to Rajshahi. We will visit the Puthia temple after reaching Rajshahi. It is a complex with one of the most extensive collections of historic Hindu temples in Bangladesh. The temples here are centuries old with beautiful wood/stone carvings and sculptures. The architecture of Puthiya temple is inspired mainly by Jor-Bangla and Jaipuri style. After a brief exploration, we will return to our hotel in Rajshahi. Overnight at Rajshahi.

Day 09: Rajshahi tour and flight to Dhaka

We will visit some of the major destinations in Rajshahi today before our flight back to Dhaka. Rajshahi was and is famous all over the world for the high-quality Rajshahi silk produced in the city. We will visit the central park of Rajshahi after our breakfast. The park and zoo is a great place to loosen a bit and enjoy a peaceful time here. You can visit some local bazaar area and try the local cuisine here returning to your hotel. We will drive to the airport and board a flight to Dhaka. In our spare time today, we will visit some of the other sites left in Dhaka. You can visit the local fish market in the evening and watch some local trading techniques in Bangladesh. Overnight at a hotel Dhaka.

Day 10: Flight to Yangon

After breakfast, we will visit some of the more places in Dhaka depending upon our time of flight to <u>Yangon</u>. After landing in Yangon, our Myanmar representative will approach you and transfer you to



your hotel. As a nation with more than 4,500 Pagodas, we have some of the major ones here at Yangon too. You will visit some of these Pagodas today out of which the Sule Pagoda, Bitahtaung Pagoda, and Chauk Htat Kyi will be the major ones. Our highlight of the Myanmar tour is undoubtedly the beautiful Shwedagon Pagoda here which we will visit today. In the evening the whole city glows up making these pagodas light even more. Here, you can try some delicious local cuisine inspired by Cambodia, Laos, China, India, and Vietnam. Overnight at a hotel in Yangon.

Day 11: Yangon to Bagan by Flight

You will take a flight of about 1.5 hrs to Bagan after your breakfast in Yangon today. Bagan was the ancient capital of Burma and is the city with the highest density of Pagodas in it. Over the green plains, we can view over 2000 Buddhist monuments (Shrines, Monastery, and pagodas) in Bagan. You will visit the Ananda, Htilomino, and Gu Byauk Ki temples as the first part of the day. Spend some time exploring the Nyaung U market and try some local delicacies here. Visit the Shwe Zigon Pagoda and Kyansitta Umin here and continue your tour of the other places in the city. You can visit Tayokepyay Temple, Phayathonezou Temple, Nandamanya Temple, Layhmyetna Temple, and Dhammayazika Pagoda and take a short walking tour around the Minnanthu village. Overnight at a hotel in Bagan.

Day 12: Bagan to Mandalay by flight/ drive

You can either drive (4 hours) or fly (30 min) to Mandalay after your breakfast in Bagan. You will start your Mandalay city tour without wasting time here. The Mahamuni Temple and the glorious sculptures of the Mahar Myat Muni pagoda will be your first site. Mandalay Golden Palace, the first palace of Burma of king Mindon is also an amazing place you will visit today. We will explore the gold leaf beating workshops and Autmashi Monastery after lunch today. Autmashi Monastery is one of the most significant Theravada Buddhist centers in Myanmar with some of the vital sculptures inside the amazing architecture of the Monastery. In the evening, you have a beautiful sunset view from Mandalay Hill.

Day 13: Mandalay to Heho by Flight and drive to Inle Lake

We will fly to Heho airport after our breakfast today. We have an option of a short visit to the Kalaw area or drive to the Inle Lake from here. The one hour drive to Inle is peaceful and passes through many small settlements from here. After reaching here, we will take a boat tour to some of the beautiful sites of Inle Lake. We can explore the floating market areas and view the traditional fishing techniques in the lake. The Inle Lake area is lively with small tourist and local boats passing each other every now and then. The view of the surrounding hills reflecting in the lake is pristine as well. Our major attractions of today will be to Phaung-Daw-Oo pagoda and Ngaphekyaung old sanctuary. After strolling around the lake for some time, we will go to our hotel in Inle. Overnight at Inle.

Day 14: Inle Lake to Indein and back (boat excursion)

Today we will take a boat to the western side of the Inle Lake and explore the Indein village. The village is one of the major reasons to visit Inle region. You can get an authentic experience of Myanmar in the lush jungles leading to the weatherbeaten stupas. You can peek into the everyday life of the local people here and their art of living in a traditional way of simplicity. A trail of hundred steps made up of bamboo will lead you up to the Shwe indein Pagoda standing tall at the top. From here, one can enjoy a beautiful



view of the lake and the picturesque landscape beyond it. We will take a brief break in the Nyaung Ohak Monastery in the way and walk in the pristine trail of nature taking us back to the lake. Overnight at a hotel in Inle.

Day 15: Inle Lake to Heho and Yangon, final departure

After your breakfast at Inle, we will drive to Heho airport. From here we will catch a flight back to Yangon. In the spare time before your departure, you can try some of the local snacks here. Departure from the Yangon International Airport back to your home or next destination. Return with incredible experiences of the whole vacation with Asia Experiences.

Cost & Inclusion

Nepal:

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Breakfast in Kathmandu.
- Full meals in Chitwan.

Bangladesh:

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Breakfast in Bangladesh.

Myanmar:

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Breakfast in Myanmar.

Select: