

Nepal Tibet Bhutan Laos Tour

19 Days Exclusive & Personalized Journey

Visit 4 mystical destinations in this spectacular 19-day journey through Nepal Tibet Bhutan and Laos



Destination Highlights

- **Nepal:** 6 Nights in Kathmandu with Bhaktapur Durbar Square, Pashupatinath, Boudhanath, Patan, Pokhara with Sarangkot sunrise over the mountains.
- **Tibet:** 5 Nights in Lhasa, Tibet with Potala Palace, Drepung Monastery, Gyantse, Shigatse, and Kunming.
- **Bhutan:** 3 Nights in Bhutan with Taktsang Monastery (Tiger's Nest), Paro Valley, Thimphu with weekend market and Punakha Dzong.
- **Laos:** 4 Nights in Laos With Vientiane, Luang Prabang, Pak Ou Cave and Kuang Si Waterfall.

Customizable Private Tour

Tailor Your Journey with Flexible Dates,
Accommodations & Activities

1. Choose your own departure date
2. Select the comfort level of accommodation
3. Adjust activities to cater to special interests
4. Modify any aspect of the tour as needed
5. Flexible travel route (start from Kathmandu/Lhasa/Laos/Bangkok and end to Laos/Bangkok/Kathmandu/Beijing)

Trip Highlights

- Enjoy the ancient **world heritage sites** of Kathmandu.
- Eye-catching mountains from Pokhara and admire the beauty of Himalayan range with **Mt. Everest** while flying above Nepal, Bhutan and Tibet.
- Admire the view of Lhasa with **Potala Palace of Dalai Lama**.
- Explore the beauty of Tibet with amazing view.
- Visit **Drepung Monastery**, the biggest Monastery in Tibet and Norbulingka Palace.
- Enjoy the delightful **valley of Paro**, Thimphu, Phunakha and Wangdue Phodrang.
- Hike to Paro **Taksang Monastery (Tiger's Nest)** in Bhutan.
- **Vientiane** - explore Laos' laid back capital, Wat Phra Keo, That Luang Stupa.
- **Luang Prabang** - old town, Wat Xiengthong temple, Pak Ou cave and Kuang Si Waterfall.

Trip Overview

Sometimes with their nature and again with their enchanting Buddhist monasteries, these countries just make their entrance to any travel lovers bucket list. These places are distant but yet so similar with their religion and belief and with graceful hospitality to their guest with open arms. Whether you feel like sitting in the laps of Himalayas of **Nepal** or on the golden monasteries of **Laos**, your adventure never ends. Walking up the cliffs and hills of **Bhutan** or the steps of in the streets of **Tibet**, a feeling of positive energy and excitement follows you. So leap into these nations of golden heart and rejoice your life with a hat tip.

Kick start your journey in the cradle of the Everest as you stumble upon culture and mystical art in **Kathmandu**. In a nation where guest are greeted as a form of god, pass through the World Heritage sites. Join the devotees in their prayers and discover the history of these centuries-old monuments. Behold the imposing craftsmanship and treat your senses with the rich Asian cuisine. Gaze the enchanting sunrise from the hills in the horizon. Cite your felicity after sailing through the cultural and scenic bloom in **Nepal**.

Merge into the solitary Buddhist culture like nowhere else in the **roof of the world**. Experience the History and lifestyle dancing in your vision with grace. Start a new chapter of your travel diary packed with adventure and confounding history of time. With the **Dalai Lamas** chariot of ruling The **Potala Palace** to the devotional shrines in Jokhang Temple, the framework of **Tibet** shines through your perception. A benumbing Zion in the heart of Asia, glean the sights of epic hills and Mountains here.

Concealed in the hills in the bosom of the Mother nature is a nation of Thunder Dragon. Sliding through the time with pure culture and immense heritage, **Bhutan** will wallop your consciousness with glee. From the caves of Tiger's nest(**Taksang Monastery**) to the plains of Paro your heart will pound with thrilling

escapade. Reside in the golden Dzongs and mend your soul with the rich culture and warm hospitality of Bhutanese people. Configure your memories from evergreen ridges and high road passes. Caress your sensation with amusing artworks and mystifying souvenirs in this aesthetic Himalayan Nation.

In a country fluorescent with smiles and substantial undiluted culture, uncover the natural treasures and bewildering crusade. Brace yourself walking into this land perished with nature and culture. Cruise the reach of Mekong River and shoot yourself in the thoroughfare of **Vientiane**. Explore the history and culture of **Laos** in the UNESCO heritage sites and the shrines aging centuries. Navigate the caves of **Luang Prabang** and roll over the streams and creeks in your way. Rise and get along with the saffron clothed monks and fill your heart with containment and purity.

Your Journey day by day

Day 01 Arrival at Kathmandu

*Please note that entering Tibet from Kathmandu, it is necessary to apply for a Tibet Visa at the Chinese Embassy in Kathmandu, which typically takes a minimum of 4 working days to process. As part of this process, your original passport will be retained by the Chinese Embassy. During this period, while your Tibet Visa application is being processed, you will do sightseeing tours around Kathmandu, Pokhara or Chitwan.

After landing in Kathmandu (TIA), our representative from Asia Experience will receive you with a placard in his hand. After some formal introduction and welcome, he will take you to your hotel. Depending upon your arrival time, you can visit the nearby markets and attractions here.

Day 02 Tour of Patan, Pashupatinath, Boudhanath Stupa

About half an hour's drive from your hotel will see you at the heart of Patan or Lalitpur city. One of the three major cities of the Kathmandu valley, Patan is known for the arts and architecture in its streets, monuments, and temples. The Patan Durbar Square is your first destination here. Some of the highlights of the Durbar (Palace) region are the beautiful Krishna Mandir, Bhimsen and Vishwanath Temples, and beautiful courtyards. Also, visit the Tibetan Refugee camp and painting shops while you are in Patan.



Following the Patan city tour, we will visit a couple of more sites in Kathmandu. The first place will be the Hindu Temple of Pashupatinath beside the holy Bagmati River. Get to know more about the Hindu traditions and rites in your time here. Next, we will take a brief drive to the Boudhanath Stupa. Explore the Tibetan inspired streets and try some popular snacks in Boudhanath. You will return to the hotel after a majestic sunset view from Boudhanath stupa.

Day 03 Fly from Kathmandu to Pokhara - A tourism capital

Take a scheduled scenic flight from Kathmandu to Pokhara which takes approx. 25 minutes. Transfer to the hotel for rest after arriving at Pokhara. Explore nearby tourist places such as Gupteshwor Mahadev Cave and Davis Falls or Devi's Falls. In the evening, explore the lakeside and its surroundings. Attend some live music or folk songs and dance performing restaurants for dinner. Overnight stay in a hotel.

Gupteshwor Mahadev Cave: The Shiva statue inside the cave and a sight of Davis Fall

Davis Falls (Devi's Falls): A scenic white waterfall which is called 'Paatale Chhango' in Nepali

Day 04 Pokhara tour with Sarangkot sunrise

Wake up early and take a short ride to Sarangkot in a private vehicle. Reach the Sarangkot viewpoint to relish the sunrise view over snow-covered mountains. The panoramic views of Annapurna ranges and Dhaulagiri looks mesmerizing. Drive back to the hotel for breakfast.

Commence Pokhara sightseeing by visiting popular landmarks Seti Gorge, and the International Mountain Museum. Take a boat ride on Phewa Lake and visit Tal Barahi temple in the middle of the lake. While boating, adore the stunning views of Machhapuchhre and other mountain ranges.

After completing the boat ride, spend some time around the lakeside or go to markets for shopping. Experience Pokhara nightlife, enjoy dinner, and back to the hotel for an overnight stay.

Sarangkot: A popular viewpoint for enjoying a sunrise view over snowy mountains

Seti Gorge: One of the beautiful scenic gorge

International Mountain Museum: It displays famous peaks and famous mountaineer's descriptions, and teaches about the culture and lifestyle of mountain people

Boat Ride: The Phewa Lake boat ride teases visitors with awesome view of snow-covered mountains

Note: (There is an option of sightseeing around Peace Stupa, Pumdikot Shiva Statue, or Annapurna Cable Car ride for interested travelers.)

Day 05 Flight back to Kathmandu and Tour of Bhaktapur Durbar Square

Take a scenic flight back to Kathmandu after breakfast and get transferred to the hotel.



After refreshment, we proceed towards beautiful and ancient Bhaktapur city for sightseeing. This is also listed in the World Heritage site which is one of the best examples of architecture and well-preserved culture. The Durbar Square has several attractions such as the 55-window palace, Nyatapole Temple, Siddhi Laxmi Temple, the Golden Gate, the National Art Museum, and so on. Besides this, get an amazing view of skillful porters making pots, wood carvings, and many handicrafts goods. You can buy some goods if you wish to or like. Also, try the famous Juju Dhau which is King Curd is special curd or yogurt prepared by locals. For memories, click some pictures and back to Kathmandu. Overnight in a luxury hotel.

Day 06 Fly to Paro, Bhutan, Drive to Thimphu

We have a morning flight to Bhutan today. After leaving Kathmandu, a brief flight will take us to Paro Airport. Your Bhutanese guide will meet you at the airport and you will take a short drive (1 hour) to Thimphu. Along the ride, the guide will brief you through the Bhutan part of the tour. Stop halfway to the Paro-Thimphu highway and visit the 16th-century old Tachogang Lhakhang temple by traversing an old bridge. From the bridge, enjoy the scenic views of the villages. Tachogang temple means the hill of the excellent horse. Continue to drive to Thimphu. After arriving at the Bhutanese capital, rest for a while and start your Thimphu Tour.



You can explore some of the major attractions around Thimphu today which include the Giant Buddha Dordenma Statue, Third King Memorial Stupa, National Library of Bhutan, Bhutan Postal Museum, Folk Heritage Museum, Thimphu Dzong, Takin Zoo, and more. In the evening explore the local market and get closer to local culture and commerce. You will spend the night at the majestic Taj Tashi hotel. This hotel is popular amongst visitors being a five-star hotel near the handicraft markets.

Day 07 Thimphu to Punakha to Thimphu

Head towards Punakha after breakfast today. The drive is about two and a half hours long and passes through the Beautiful Dochula Pass. We will stop at the pass and spend some time at the royal botanical garden and Druk Wangyal Chortens. The pristine view of the Himalayas in clear weather is one to behold. We will continue the journey to Punakha following the stop.

The Chimi Lhakhang temple on the way will be our first stop. This unique temple is also known as 'the temple of the divine madman'. The Punakha Dzong is next on our list. One of the most beautiful and historically significant fortresses in Bhutan, Punakha Dzong is one not to miss here. A few miles from there is the oldest

and the longest Punakha Suspension Bridge. It connects three villages in Bhutan and the views from the bridge are impressive. We will return to Thimphu after the Punakha Tour in the evening.

Day 08 Thimphu to Paro, Hike to Taktsang Monastery

After breakfast, drive to Paro. The Hike to Taktsang Monastery is a proven delight for travelers to experience nature and spirituality as a whole in Bhutan. The hike might be challenging for some but it truly is worth a couple of hours' hike from Paro. You can have a slow and gradual walk with breaks in the midway shops.



Once there witness the majestic view of the pristine Taktsang monastery carved into a giant cliff. Know the legends of the great Guru Padmasambhava and explore the beautiful monastery. Also, visit the caves inside the monastery and interact with the monks there. Return from the hike and rest for a while in your hotel. Have lunch and visit some more local monasteries, the beautiful Drukgyel Dzong, Paro Dzong, the National Museum of Bhutan, and Kyichu Lhakhang Temple to end your Paro tour.

You will stay at the Uma Paro hotel today. Como Uma Paro is an intimate and exclusive luxury hotel in the heart of Paro Valley popular for its fantastic Himalayan views.

Day 09 Flight back to Kathmandu, Walking tour or hiking or shopping if you wish

We will leave Bhutan today and head towards Kathmandu. You can enjoy some souvenir shopping before the flight to Nepal. This flight over the Himalayas is one to remember, as it passes by some of the major peaks in the range. Similarly, you can also see the change in the landscape, leaving the barren snow-capped region of Bhutan to the green hills of Kathmandu. We will pick you from TIA and drive you to your hotel. Depending upon the time of your arrival, you will visit some of the UNESCO heritage sites in Kathmandu with your guide.

Day 10 Flight to Lhasa (3600m) from Kathmandu

Today you will pack up your warm clothes and head towards the airport and fly to Lhasa. Our representative will receive and transfer you towards your hotel. After some rest and refreshments, you can stroll around the streets of Lhasa and try some local cuisines. The cold temperature of Lhasa is cut out with a warm cup of Tibetan Tea. Overnight at Lhasa.

Day 11 Lhasa exploration

Today after your light breakfast you will head towards the center of attraction and the world heritage site of the Potala Palace. Situated in the Hilltop, you can see this great structure from miles far. The Potala Palace is a vast complex, and you can lose yourself on the designs and beautiful paintings here. You will only have an hour to visit the main structure and photography is strictly prohibited inside. While the halls, prayer rooms, and courtyards are popular, people also love to spend some time in the nearby temples and gardens here.

You will visit the Sera Monastery and Jokhang Temple from Potala Palace. The Jokhang temple is the spiritual center of Tibetan temple made by King Songtsen Gampo. Lying in the Barkhor Street, you can indulge into some souvenir shopping here. The Sera Monastery is an important Gelug university monastery in Tibet. You can have a scenic view alongside magnificent architecture here. Home to many monks, the sera monastery is a place to relax and meditate. Overnight stay at the hotel in Lhasa.

Day 12 Lhasa Religious and Cultural Tour

You will start today with a light tea and visiting the Drepung Monastery. It is the largest monastery in Lhasa and is home to more than 10,000 monks. With a large prayer hall and well-crafted and designed walls, you will love to spend some time in Drepung Monastery. After a brief visit to this majestic monastery, you will head towards Mentshikang, the heart of Tibetan Medicine center. You can watch herb processing alongside different natural medicine components here. You will then visit another Unesco Heritage site in Tibet; The Norbulingka Palace is also popular as the Summer Palace of Dalai Lama. The beautiful garden here holds one of the most picture-perfect places in Tibet. Rest and overnight at Lhasa.



Day 13 Day Excursion of Yamdruk Lake

From Lhasa, enjoy a 2-3 hour scenic drive to the stunning Yamdrok Tsho Lake. We'll pause at Kampala Pass (4,794 m) to take in breathtaking views of the lake and Mount Nojin Kangtsang (7,191 m). Yamdrok Tsho, one of Tibet's most sacred lakes, offers a serene setting for a walk along its picturesque shores. After lunch, a short drive brings us to Samding Monastery, beautifully perched above the lake and surrounded by majestic mountains. Following our visit, savor local Tibetan delicacies by the lake before returning to Lhasa for a restful evening.



Day 14 Departure from Lhasa to Kunming

We will drop you to Gonggar Airport in Lhasa for your departure. Due to the absence of direct flights between Lhasa and Vientiane, and the lack of a suitable flight schedule for same-day travel, you will need to stay overnight in Kunming. The following day, you will catch a flight to Laos (Vientiane).

You will have an overnight stay in Kunming. (*Note: Depend on travel season, same day flight from Lhasa to Vientiane might be available.)

Day 15 Kunming to Vientiane (Laos)

We will drop you to the airport for the Laos flight. After reaching Laos in Vientiane airport, our representative will meet and transfer you to your hotel. Rests then freshen-up and in the evening you can stroll around Vientiane and try some local cuisine. Overnight at Vientiane.



Day 16 Vientiane Tour, Mekong riverside Tour

Start your day with a short city tour of Vientiane. You can walk to most of the destinations of today. Wat Sisaket, Wat Prakeo, Patuxay Monument, and That Luang Stupa are among the major attractions of your visit today. In the late afternoon take a short Mekong Riverside tour with your guide. You can understand a lot about the Lao people, their culture and tradition from the tour. There is a wide range of tribes and locals dwelling the banks of the Mekong river too. After a beautiful sunset return to your hotel and rest.

Day 17 Vientiane to Luang Prabang, City Cultural Tour & Kuang Si Waterfall

The Luang Prabang city was the ancient capital of northern Laos. After some remaining site visit in Vientiane, you will head towards the airport or train station and reach to Luang Prabang.



Visit Phosi Morning Market in the morning which is the biggest market with a variety of products (tropical fruits, traditional handicrafts, souvenirs, spices, dried buffalo skin, etc.). After that, drive to the famous Kuang Si Waterfall.

Adore the 3 tiers of turquoise blue Kuang Si Waterfall surrounded by lush greenery. You can swim if you wish to. (Note: Wear an appropriate swimsuit and bring an extra pair of clothes.) Visit nearby Kuang Si Bear Sanctuary where rescued Asiatic Moon Bears are rehabilitated and set up in a natural habitat. Back to Luang Prabang after completing the excursion.

On the way, visit Luang Prabang Elephant Camp where you get to spend time with elephants closely and learn about them. Feeding and bathing the elephants is a memorable experience. Drive to nearby Buffalo Farm from here.

The Laos Buffalo Farm is famous for ice creams made up of buffalo milk which is different to taste. You can try it if you like. Here, learn about the production of cheese and other dairy products made from buffalo's milk. Return to Luang Prabang and spend a night in a hotel.

Day 18 Luang Prabang to Pak Ou Cave, Ban Phanom and back

Today will be an interesting day in Laos as you will visit the important sites of Luang Prabang. After an early light morning breakfast, you will visit the shrine of Wat Aham, stupa of Wat Visoun, Wat Sene, Wat Mai and the magnificent Wat Xieng Thong before boarding a boat in Mekong River. Through this brief journey, you will see the mingling of nature and Lao people here in the banks of Mekong. Along the way to the caves, we will make stops to gulp in some sticky rice delicacies and whiskey. After reaching the royal temple of Wat Longkhonun, you will head towards the mouth of Ou River and to Pak Ou Caves. We will also make stops in various villages including Ban Phanom on our return to Luang Prabang for souvenir buying and local experience. Overnight at Luang Prabang.

Day 19 Departure from Luang Prabang via Vientiane or Bangkok

You will visit some of the remaining places in your spare time, and our guides will take you to the airport before your flight. You are sure to carry a heart full of boundless memories and amazing venturesome experience on your tour. Stories reaching each destination are a priceless wealth you are taking with you which you can share with your treasured ones for a long time to come.

Cost & Inclusion

Nepal;

- Airport pickups and drops service.
- Breakfast in Nepal.
- Private ground transportation with air-conditioned.
- Hotel accommodation as per your choice
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.

Bhutan;

- Airport pickups and drops service.
- Full meals in Bhutan.
- Private ground transportation with air-conditioned.
- Hotel accommodation as per your choice
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Processing Bhutan Travel Permit and Entry Visa.

Tibet;

- Airport pickups and drops service.
- Breakfast in Tibet
- Private ground transportation with air-conditioned.
- Hotel accommodation as per your choice
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Processing Travel Permit and Entry Visa.

Laos;

- Airport pickups and drops service.
- Breakfast in Laos.
- Private ground transportation with air-conditioned.
- Hotel accommodation as per your choice.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.

Essential Information

Flight Connections: Nepal, Bhutan, Tibet, and Laos

- **Nepal:**
 - Daily: 1 direct flight to/from Bhutan.
 - Weekly: 3 direct flights to/from Tibet (Lhasa).
 - Connecting flights: Available to/from Vientiane (Laos) via Bangkok.
- **Bhutan:**
 - Daily: 1 direct flight to/from Kathmandu, Nepal.
 - No direct or connecting flights to Tibet or Laos.
- **Tibet:**
 - Weekly: 3 direct flights to/from Kathmandu, Nepal.
 - Multiple direct flights to/from mainland China (e.g., Chengdu, Beijing, Chongqing, Xian, Xining, Kunming, etc).
 - Connecting flights: Available to/from Vientiane (Laos) with an overnight layover in Kunming or, depending on the travel season, a same-day connection.
- **Laos:**
 - Daily: Direct flights available between Bangkok and Vientiane, Laos.
 - Connecting flights: Available to/from Nepal and Tibet via Bangkok and Kunming respectively.

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