

# Nepal Tibet Overland Tour 2025/2026

## 12 Days Exclusive & Personalized Journey

Natural beauty and diverse, cultural, historical, lifestyle and tradition of two Himalayan countries.



## Destination Highlights

- **Nepal:** 5 Nights in Kathmandu Nepal with Boudhanath, Pashupati, Patan Durbar Square, Chitwan National Park with Jeep Safari.
- **Tibet:** 6 Nights in Lhasa Tibet with Rongbuk monastery / Everest Base Camp, Shigatse, Gyantse, Yamdrok Lake, Potala Palace, Norbulingka, largest monastery Drepung, Barkhor street and local lifestyle.

### Customizable Private Tour

Tailor Your Journey with Flexible Dates, Accommodations & Activities

1. Choose your departure date
2. Select the comfort level of accommodation
3. Adjust activities to cater to special interests
4. Modify any aspect of the trip as needed
5. Flexible travel route (start from Kathmandu and end to Beijing/Bangkok or vice-versa)

## Trip Highlights

### Updated 3rd Feb, 2025

\* Currently, there is only one direct flight available to Lhasa from Kathmandu (or vice versa) which operates 4 flights per week (every Monday, Wednesday, Thursday & Friday).

\* No need visa to visit China or Tibet for the nationalities of [France, Germany, Italy, the Netherlands, Spain, Austria, Belgium, Hungary, Ireland, Luxembourg, Switzerland, Poland, Andorra, Portugal, Greece, Cyprus, Slovenia, Slovakia, Norway, Finland, Denmark, Iceland, Monaco, Liechtenstein, Bulgaria, Romania, Malta, Croatia, Montenegro, North Macedonia, Estonia, Latvia, Georgia, Brunei, Thailand, Korea, Japan, Malaysia, Singapore, New Zealand, and Australia](#) upto December 2025.

- Sightseeing of famous World Heritage Sites
- Close look of culture and tradition of Nepalese people
- Wildlife adventure with activities like jungle safaris, bird watching, and canoeing, amidst the stunning landscapes
- Adventurous overland ride to Lhasa via Rongbuk Monastery and Shigatse from Kathmandu.
- Historical Monastery and exploration of different cultures in Tibet
- Amazing Palace Potala, a house of Dalai Lama
- Visit Drepung Monastery, largest monastery in Tibet
- Tibetans culture, tradition and modern Lhasa

## Trip Overview

**Nepal Tibet Overland Tour** is a comprehensive tour of two of the most captivating destinations of central Asia. These beautiful destinations are the stations that have tormented the ambitions of travelers for centuries. Resembling the Nirvana of pure and diverse culture, the captivating resolution of the environment is equally important. States with immense culture and history to remember for a long time, Tibet and Nepal hail you with sincere hospitality.

Encounter humanity in the cloak of Everest. Carry on the souvenir of this sensational land of evergreen hills not to mention the integrity of the Nepalese people. A nation that greets the guests as a form of gods visiting their home where you can peek into their rich culture on a balanced roll out to the cultural heritage sites and likewise enjoy the Sunrise from different compelling spots in your tour gulp in the Newari cuisine and hit your

senses with the pounding of tingling contentment. Rejoice with the beetle of art and roam through the tapered streets of Bhaktapur. Ally with the locals and return with the keepsake of warm memories. [Chitwan National Park](#) tour with Jeep Safari allows connecting with the diverse flora and fauna in the vicinity. Tharu village excursion and Tharu cultural dance allow travelers to immerse themselves in the indigenous culture and lifestyle.

An overland tour to Tibet from Kathmandu provides a unique perspective among the travelers. The scenic and long drive to [Rongbuk Monastery near Everest Base Camp](#) admiring varied landscapes allures travelers. Make your entrance to the oracular Buddhist land coupled with outpost-like towns and a storehouse of primitive Tibetan culture. A culture self-composed and far from the intimacy of Western trends, it's a Zion for pilgrims. Circle the Jokhang and Sera monasteries alongside the Monks identically learning about ancient Buddhism. Seize an opportunity to visit **Potala the prior home of Dalai Lama**. Similarly, recognize the Tibetan art of healing and medicine here and make your tour notable.

## Your Journey day by day

### Day 01 Arrival at Kathmandu

Land at Kathmandu international airport. Our staff will receive you and accompany to the hotel. Today you can relax or enjoy the traditional and crowded markets of the Kathmandu city. You will definitely enjoy realizing how a congested market holds every detail items that attract the people.

*\*We will collect your original passport and passport size photographs to apply Tibet group visa. We will return passport with visa after 4 days.*

### Day 02 Kathmandu Sightseeing: Pashupatinath, Bouddhanath and Patan Durbar Square

**Meals:** Breakfast

We continue the Kathmandu sightseeing. After breakfast, we visit the holy Pashupatinath Temple. One of the most essential Hindu temples in Nepal is dedicated to Lord Shiva. This World Heritage Site temple is situated on the bank of the Bagmati river. In the surroundings of the temple, there is a huge statue of the Ox. Visit the small shrines and other temples, and see the Sadhus.



Not far from there is another World Heritage Site called Boudhanath. This stupa is one of the biggest stupas in Nepal. This holy stupa is of great significance to Tibetan Buddhists. Many people perform the kora ritual by circulating the big dome in a clockwise direction. In the surroundings, you can also visit other monasteries. You can hear Tibetan praying chants, and smell the fragrance of butter lamps and incense which makes the place very delightful. You can also do some souvenir shopping and explore the markets as well as enjoy Tibetan cuisine.

Have lunch and we head to Patan Durbar Square for sightseeing. One of the three durbars in the Kathmandu Valley is listed as a UNESCO World Heritage Site. The ancient King's palace, ancient old temples, Krishna Mandir, Patan Museum, beautiful courtyards, and artistically beautiful decorations in the architecture are impressive attractions here. Take some photos and back to Kathmandu.

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## Day 03 Drive or Flight to Bharatpur and drive to Chitwan National Park

**Meals:** Breakfast, Lunch, Dinner

Post Breakfast travel towards Chitwan via 30 minutes flight (or 5 hours drive from Kathmandu). At Chitwan we will stroll villages, here you will meet the Tharu, inhabitant of Chitwan whose culture is quite distinct than other groups of Nepal. We can roam around the market and visit the information center. In the evening we can go for entertainment programs and watch Tharu dance, a traditional dance of Tharus.

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## Day 04 Chitwan National Park tour with Jeep Safari

**Meals:** Breakfast, Lunch, Dinner

We start our day with a canoe at the Rapti River. It is a traditional dugout canoe and on the river we can see Crocodile and various other aquatic life. After the Canoe trip you have an option of traditional cart ride. Then we head towards elephant back safari towards the forest where u can find One-horned Rhino and various other species of animal. If you are lucky enough then you might get a chance to see the Royal Bengal Tiger. After the Safari you can see the elephant/Crocodile breeding center and walk around the village.



## Day 05 Drive or flight back to Kathmandu

**Meals:** Breakfast

After breakfast, drive to Bharatpur airport and flight to Kathmandu. If you want to choose drive option from Chitwan to Kathmandu, you can take photographs of the small and beautiful hills and on the way. You can also find many street shops that sell different fruits and vegetables. The view of Trishuli River on the way is quite enthralling.

*\*Evening, we will provide you original passport with Tibet visa paper. If you want you can explore market for the shopping or to see the local market life-style or practice.*

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## Day 06 Start for Tibet Trip (Drive from Kathmandu to Gyirung via Rasuwa Gadi)

**Time:** 6-7 hours drive **Meals:** Breakfast

Our overland tour starts early morning today from Kathmandu to Gyirong. We will do all the necessary preparations and leave the valley following the Trishuli highway. The road is smooth in the first segment in the hills followed by some gravel segments. Similarly, we will also face some off-road portions as we get near to the Chinese border. In the way, we will stop for lunch at local settlements and continue driving in this scenic highway. After reaching border, we will have our documents checked at both Nepalese and Chinese immigration offices and drive to hotel.

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## Day 07 Gyirong to Shegar/Rongbuk Monastery (Everest Base Camp)

**Time:** 6-7 hours drive **Meals:** Breakfast

You will start for the longest and most scenic drive of the whole trip to the Rongbuk monastery near EBC. The landscape shift is wondrous as we shift into more barren and snow-covered regions from here. We will drive pass Pelkutso lake and a vast grassland in the first portion of today. Taking small short stops to admire nature and view, we will continue our drive to the Gawu La Pass (5200 m). A bit windy, but absolutely beautiful, we can view the Himalayas clearly from here. From the pass, it is a couple of hours to reach Rongbuk monastery.



**\*Important Note:**

- Accommodation in Rongbuk/EBC is very limited. Since Rongbuk is a remote area, expect the accommodation to be very basic. There are a few guesthouses that provide twin-sharing rooms with bunk beds and the bathroom is also outside the guesthouse.
- In Shegar, There are also no luxury hotels or resorts. The best options are locally 3-star hotels with attached bathrooms. We will provide you with the highest one. We recommend to stay in Shegar instead of Rongbuk. Shegar to Rongbuk Monastery distance 100KM with 2 hours driving.
- If you will stay at Shegar, next day early morning drive to Rongbuk Monastery and from Gawu La pass, you will have chances to view sunrise with Mt. Everest then drive to Everest Base Camp. After exploration of Rongbuk monastery and base camp, drive to Shigatse.

## Day 08 Rongbuk/EBC to Shigatse via Tingri

**Time:** 6-7 hours drive **Meals:** Breakfast

We will wake up early for a breathtaking sunrise of a lifetime from the Rongbuk monastery over Mt. Everest. After this amazing experience, we will explore the monastery premises for a bit before continuing our road journey to Shigatse. We will be traveling in a bit bumpy road for the first part of the trip. From here we will stop at the small Tingiri town. The views of Cho Oyu and Everest is majestic from the town here. Next, it is a couple of hours of highway drive to the G318 National highway milestone (5,000 m) in Lhatse, and there we'll take some pictures.

After reaching to Shigatse, we will freshen up and visit Tashilupo Monastery. This monastery, which is the seat of the Panchen Lama of Tibet is also one of the most significant ones here.

## Day 09 Shigatse to Lhasa with Gyantse and Yamdruk Lake

**Time:** 5-6 hours drive **Meals:** Breakfast

Today will be the last day of driving exploration in Tibet, and we will cover many cultural destinations in the way. The road is in good condition, and we will make shortstops in the small farmer villages lying in the way. After reaching Gyantse, we will take a brief exploration tour of some majestic sites here. This heritage-rich town has a lot to offer, and we will visit the Perklor Monastery, Kumbum stupa, and Gyantse Old Street here.

The next portion of the drive takes us beside the Holy Yamdrok Lake (One of the three significant holy lakes in Tibet). We will also enjoy the views of Manak Dam Lake and Korola Glacier before reaching Lhasa in the evening.

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## Day 10 Sightseeing at Lhasa

**Meals:** Breakfast

Jokhang temple is the most famous Buddhist Temple in Tibet and is a world heritage site. It was also known as the House of mysteries in the past. You can see the Indian approach in style but a combination of Nepalese and Tibetans can also be seen. The bronze roof and statues of golden deer are the best experiences to observe on this trip.



## Day 11 Explore Tibet (Monastery and exploration of different cultures in Tibet)

**Meals:** Breakfast

We start our day by visiting Drepung Monastery, the largest monastery in Tibet. The foundation of this Monastery was laid on 1416. It is one of the great three Monastery, the other two are Ganden and Serahen.



Norbulingka Palaces: built on 1755 as a summer residence by Seventh Dalai Lama is the most beautiful site to visit. The Palace became more attractive after the 14th Dalai Lama added Chappels and fountains. The Palace built by 14th Dalai Lama is the most attractive as it is a blend of Tibetan and Western culture. Norbulingka is the world heritage site and a lovely place to visit.

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## Day 12 Fly from Lhasa to your next destination or your home via China mainland city.

**Meals:** Breakfast

The fun-filled memorable tour ends here. Your guide drops you at the Lhasa Gonggar International Airport for your departure. The guide bids adieu at the airport for your scheduled flight to your next destination.

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## Cost & Inclusion

### Nepal;

- Airport pickups and drops service.
- Private ground transportation with air-conditioned vehicle.
- Hotel accommodation as per your preference.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Breakfast in Kathmandu.
- Breakfast, Lunch and dinner in Chitwan.

### Tibet;

- All necessary travel permits to Tibet
- Entrance ticket fees for all the sight spots listed in the program



- Private transportation in Tibet with experienced local Tibetan driver: Ranging from 4WD land cruiser to minibus depending on the group size and trip route
- Private guide: English speaking local Tibetan guide
- Accommodation as per your choice
- Oxygen cylinder for the group (4L / 7L)
- Meals: only breakfasts are included while stay in hotels
- Lodging and meals for guide and drivers
- EBC entry fee for guide and car, EBC eco bus fee
- First aid kit, Liability insurance, All government taxes

**Select;**

## FAQS

### **Which countries are included in China's unilateral visa-free program?**

China has implemented a unilateral visa-free program as part of its promotion for Summer Holiday and Autumn China or Tibet tour packages for 2024-2026.

Under this policy, citizens from the following countries can enter China and Tibet without a visa:

- **Up to 15 days:** France, Germany, Italy, the Netherlands, Spain, Malaysia, Singapore, Austria, Belgium, Hungary, Ireland, Luxembourg, Switzerland, Poland, New Zealand, and Australia.

This policy is valid until **December 31, 2025**.

### **Do I need visas to travel to Nepal and Tibet?**

Yes, you will need visas for both Nepal and Tibet. You can obtain a tourist visa for Nepal upon arrival at the airport or border crossings, while for Tibet, you will need to obtain a special travel permit and China visa (Tibet Group visa) that can be arranged by authorized travel agencies.

### **How can I travel between Nepal and Tibet?**

The most common way to travel between Nepal and Tibet is by road or air. You can take a scenic flight from Kathmandu to Lhasa or embark on an overland journey by road via the Friendship Highway.

### **Can I combine other destinations with the Nepal Tibet tour?**

Yes, it is possible to combine other destinations with the Nepal Tibet tour. You can customize your itinerary to include neighboring countries like Bhutan, Bangladesh, Sri Lanka or India, depending on the duration and preferences of your trip.

**What are the benefits of a Nepal Tibet tour?**

The rewards of a Nepal Tibet tour are many. You will get to experience two of the most fascinating countries in the world, learn about their unique cultures, and see some of the most breathtaking scenery on Earth and save time and airfare from your country.

**Are there any cultural practices or etiquette we should be aware of in Nepal and Tibet?**

Both Nepal and Tibet have unique cultural practices and etiquette. It is important to respect local customs and traditions, dress modestly, remove shoes when entering temples or homes, and seek permission before taking photographs of people or religious sites.

**When is the best time to go on a Nepal Tibet tour?**

The best time to go on a Nepal Tibet tour is during April to November. During these times, the weather will be great.

**What types of accommodations are available in Nepal and Tibet?**

Nepal and Tibet offer a range of accommodations, including luxury hotels, resorts, guesthouses, and budget-friendly options. In major cities and popular tourist areas, you can find a variety of choices to suit your preferences and budget.

**Is it safe to travel to Nepal and Tibet?**

Nepal and Tibet are generally considered safe for travelers. However, it is always advisable to take standard precautions, be aware of your surroundings, follow local laws and customs, and keep your belongings secure.

**What is the cost of a Nepal Tibet tour?**

The cost of a Nepal Tibet tour will vary depending on the length of the tour, the type of accommodation, and the activities you choose to do.

**How do I book a Nepal Tibet Popular Tour?**

There are many different ways to book a Nepal Tibet Popular Tour. You can book a tour through us.

## Contact Us

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