

# Nepal Tibet Popular Tour 2025/2026

## 12 Days Exclusive & Personalized Journey

Natural beauty and diverse, cultural, historical, lifestyle and tradition of two Himalayan countries.



## Destination Highlights

- **Nepal:** 5 Nights in Kathmandu Nepal with Boudhanath, Pashupati, Swoyambhunath, Patan, Bhaktapur Durbar Square, Chandragiri Hill by cable car, Nagarkot for beautiful sunset and sunrise, Panauti village.
- **Tibet:** 6 Nights in Lhasa Tibet with Potala Palace, Norbulingka, largest monastery Drepung, Barkhor street, Sera Monastery and local lifestyle.

### Customizable Private Tour

Tailor Your Journey with Flexible Dates,  
Accommodations & Activities

1. Choose your departure date
2. Select the comfort level of accommodation
3. Adjust activities to cater to special interests
4. Modify any aspect of the trip as needed
5. Flexible travel route (start from Kathmandu and end to Beijing/Bangkok or vice-versa)

## Trip Highlights

### Updated 5th April, 2024

\* Currently, there is only one direct flight available to Lhasa from Kathmandu (or vice versa) which operates 3 flights per week (every Monday, Wednesday & Friday) from April 17, 2024 by Himalaya Airlines. In the alternatives, Travelers have two options at present either taking a flight to Kathmandu/Lhasa via Chengdu or an additional 4-day long overland tour. During an overland tour, Rongbuk Monastery/EBC with a view of Mount Everest, Shigatse, Gyantse, etc., are prime attractions.

\* No need visa to visit China or Tibet for the nationalities of France, Germany, Italy, the Netherlands, Spain, Malaysia, Austria, Belgium, Hungary, Ireland, Luxembourg, Switzerland, Poland, New Zealand and Australia & Singapore upto December 2025.

- Sightseeing of famous World Heritage Sites
- Close look of culture and tradition of Nepalese people
- Admire the ancient sites of Kathmandu
- Adventurous overland ride to Lhasa via Rongbuk Monastery and Shigatse from Kathmandu.
- Historical Monastery and exploration of different cultures in Tibet
- Amazing Palace Potala, a house of Dalai Lama
- Visit Drepung Monastery, largest monastery in Tibet
- Tibetans culture, tradition and modern Lhasa

## Trip Overview

**Nepal Tibet Tour** is a comprehensive tour of two of the most captivating destinations of central [Asia](#). These beautiful nations are the stations that have tormented the ambitions of travelers for centuries. Resembling the Nirvana of pure and diverse culture, the captivating resolution of the environment is equally important. States with immense culture and history to remember for a long time, **Tibet and Nepal** hail you with sincere hospitality.

Encounter humanity in the cloak of **Everest**. Carry on the souvenir of this sensational land of evergreen hills not to mention the integrity of the Nepalese people. A nation that greets the guests as a form of gods visiting their home where you can peek into their rich culture on a balanced roll out to the cultural heritage sites and likewise enjoy the Sunrise from different compelling spots in your tour gulp in the Newari cuisine and hit your senses with the pounding of tingling contentment. Rejoice with the beetle of art and roam through the tapered streets of [Bhaktapur](#). Ally with the locals and return with the keepsake of warm memories.

Make your entrance to the oracular Buddhist land coupled with outpost-like towns and a storehouse of

primitive **Tibetan culture**. A culture self-composed and far from the intimacy of Western trends, it's a Zion for pilgrims. Circle the **Jokhang and Sera monasteries** alongside the Monks identically learning about ancient Buddhism. Seize an opportunity to visit [Potala the prior home of Dalai Lama](#). Similarly, recognize the Tibetan art of healing and medicine here and make your tour notable.

#### Tips for the Nepal Tibet Tour

- Prepare your items of clothing according to the season here. Similarly, try being less flashy with your outfit.
- Bring your camera as these regions promise great mountain views and scenarios. Photography may be banned in some places.
- Stay close and be attentive towards your guide. The guides we provide are experienced and trained well for any occasion.

## Your Journey day by day

### Day 01 Arrival at Kathmandu

Land at Kathmandu international airport. Our staff will receive you and accompany to the hotel. Today you can relax or enjoy the traditional and crowded markets of the Kathmandu city. You will definitely enjoy realizing how a congested market holds every detail items that attract the people. Old shops with traditional items are the best experience for most of the people in these local markets.

### Day 02 Kathmandu Sightseeing: Swayambhunath, Kathmandu, Patan Durbar Square

**Meals:** Breakfast

The first day in Kathmandu begins with sightseeing around Swayambhunath Stupa. Have breakfast and then, we head towards the stupa. This stupa is popularly known as 'Monkey Temple'. Enjoy the breathtaking views of the Kathmandu Valley from the hilltop. In the surroundings of the Stupa, there are numerous Buddha statues, a big Vajra, small chaityas, a small museum, and monasteries. You can see many monkeys roaming around the premise. The huge spiral stupa with wisdom eyes symbol and beneath is a big white dome looks very impressive. The fragrance of butter lamps and incense creates the surrounding atmosphere more blissful.



Then, visit the Chinese Embassy to apply for the Tibet Visa with all the necessary documents. It is necessary to apply for at least three days before the Tibet visit and Kathmandu is the only International destination to go to Tibet besides China.

Have lunch and we head to Patan Durbar Square for sightseeing. One of the three durbars in the Kathmandu Valley is listed as a UNESCO World Heritage Site. The ancient King's palace, ancient old temples, Krishna Mandir, Patan Museum, beautiful courtyards, and artistically beautiful decorations in the architecture are impressive attractions here. Take some photos and back to Kathmandu.

Next, we visit another World Heritage Site Kathmandu Durbar Square. The Durbar Square in the middle of the city offers ancient heritages of the medieval period. The ancient palaces, in the vicinity there is the living Goddess Kumari, Taleju Temple, Kal Bhairav Temple, Hanuman Dhoka Museum, and Gaddi Baithak are some major attractions. In the evening, enjoy walking and exploring the streets and trying out some foods in the food court.

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## Day 03 Kathmandu Sightseeing: Pashupatinath, Bouddhanath and Chandragiri hill by cable car

**Meals:** Breakfast

We continue the Kathmandu sightseeing. After breakfast, we visit the holy Pashupatinath Temple. One of the most essential Hindu temples in Nepal is dedicated to Lord Shiva. This World Heritage Site temple is situated on the bank of the Bagmati river. In the surroundings of the temple, there is a huge statue of the Ox. Visit the small shrines and other temples, and see the Sadhus.

Not far from there is another World Heritage Site called Boudhanath. This stupa is one of the biggest stupas in Nepal. This holy stupa is of great significance to Tibetan Buddhists. Many people perform the kora ritual by circulating the big dome in a clockwise direction. In the surroundings, you can also visit other monasteries. You can hear Tibetan praying chants, and smell the fragrance of butter lamps and incense which makes the place very delightful. You can also do some souvenir shopping and explore the markets as well as enjoy Tibetan cuisine.

From Boudhanath, drive to Thankot and take a cable car ride to Chandragiri Hill. Enjoy the panoramic views of the Himalayas, Kathmandu Valley, and the surrounding countryside. Visit the Bhaleshwor Mahadev Temple and experience the spiritual atmosphere of this sacred site. Relax and rejuvenate in this tranquil setting, and take in the fresh air and sunshine.

## Day 04 Tour of Bhaktapur, Changu-Narayan Temple & Nagarkot hilltop.

### Meals: Breakfast

Today we have a list of places for sightseeing. The morning trip starts with a visit to Potala Palace, a Museum and a world heritage site at present. It was the house of the Dalai Lama until the 14th Dalai Lama fled to India. The towering portion of this Palace is also referred to as Red Palace. Next on the list is Sera Monastery the art in this Monastery is the most beautiful sight to view. The hall holds scriptures written with golden powder and debates are also held in these halls.

