

# Tibet Bhutan Myanmar Burma Tour (Flight Option)

## 18 Days Exclusive & Personalized Journey

3 countries Buddhist tour with Cultural, Historical, Lifestyle & Scenic Experience



## Destination Highlights

- **Tibet:** 4 Nights in Lhasa, Tibet with Potala Palace, Drepung Monastery, Norbulingka Palace and Yamdrok-Tso Lake excursion.
- **Nepal:** 1 Night in Kathmandu with the local market tour.
- **Bhutan:** 4 Nights in Bhutan with Taktsang Monastery (Tiger's Nest), Paro Valley, Thimphu and Punakha Dzong.
- **Myanmar:** 7 Nights in Burma with Shwedagon Pagoda at Yangon, Pagodas city Bagan and Inle Lake Excursion.

## Customizable Private Tour

Tailor Your Journey with Flexible Dates, Accommodations & Activities

1. Choose your own departure date as it will be your private tour.
2. Select the comfort level of accommodation. Tour cost will depend on your accommodation type.
3. Adjust activities to cater to special interests
4. Modify any aspect of the tour as needed like trip duration, activities, budget etc.
5. Flexible travel route (Start from mainland China and end to Yangon/Bangkok or vice-versa)

## Trip Highlights

- Potala Palace, Drepung Monastery and Norbulinka Palace at Lhasa.
- Day Excursion to Yamdok Tsho Lake with a beautiful view.
- Visit local markets during the short stay in Kathmandu.
- Hike to Taktsang Monastery (Tiger's Nest) and exploration of Paro landscape.
- Great mountain views from Dochu-La Pass during Thimphu to Punakha visit.
- Amazing pagodas at Bagan and Nyaung U Market.
- Shwedagon & Botahtaung Pagoda at Yangon.
- Floating Garden and Inle Lake exploration in Heho.

## Trip Overview

Tibet Bhutan Myanmar (Burma) Tour (Flight Out from Tibet) A Buddhist pilgrimage tour that will rinse your heart and soul with purity and completeness. Not only you have the tour of a lifetime to know the culture and religion of these places but also an opportunity to know a chain of lifestyle untouched and less tampered by modernization. A passage to understand the Buddhist culture and way of life with a caress of natural beauty. Furthermore, you will know a lot more about the history and tradition of these wondrous countries.

Amplify your vision to the roof of the world as you unleash a new chapter of your visit diary to **Tibet**. A kingdom believing in unity, culture, and religion welcomes you with warm hospitality. A land with uniquely grafted landscape and history to look at, conquer the destination as you can. Similarly, seek the light in your soul and awaken your travel bug to mingle with the monks here. Explore the prior home of **Dalai Lama** the **Potala Palace**. Replenish your energy as you pray with the locals in Jokhang temple and the Sera monastery. Mobilize yourself with the counts of the Norbulingka Palaces. Defeat your exhaustion with gulps of Tibetan energy in like manner with fulfillment.

**Kathmandu** is a great midway point before your next destination. Seek the spices used in the south Asian culinary from the markets of Ason correspondingly in your visit here.

Surpassing your expectations and imagination, **Bhutan** hits you with surprise with its beauty and culture. A nation surrounded by hills and as many monasteries that reflect the rich religious belief here. Review the manuscripts in these beautiful monasteries unrevealing the history of the nation at its National Library. The breathtaking scenes of Paro valley and the **Taktsang** (Tiger's nest) will recharge you for the whole tour.

Untangle the untraveled land of **Myanmar** where peace and nature affiliate with each other. A land of ethnic diversity and with influence from the neighboring nations in cuisine, it's a package of surprise. The landscape is identically diverse with renders with great scenes during your visit. Dive into the beautiful Pagodas of Yangon and the Devotional temples of **Bagan**. Peep into the village of Minnanthu and experience the unique floating market of the **Inle lake**. The mausoleum of the last Mughal Empire here will tickle your curiosity of the places ancient history. To sum up, you will revitalize your senses after your visit to Burma.

## Tips of the Tour

- Respect the culture and religion of these places while you enjoy it. Similarly, follow the norms of your destination here.
- As this destination provides a full scenic beauty, Photography is still not allowed in some selected places.
- Stick with your local expert guide for a better experience of the tour.

## Your Journey day by day

### Day 01 Arrival in Beijing/Chengdu/Kunming (or any mainland city of China)

You will be received at the airport and transferred to hotel. You are handed over your original Tibet travel permit for flying to Lhasa. Your overnight stay will be in Beijing (or mainland china like Chengdu, Shanghai etc).

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### Day 02 Fly to Lhasa

You will take a scenic flight to the Tibetan, capital Lhasa. After landing at the airport, you will meet your guide for the Tibet tour. he will give you some tips, dos, and don'ts for the tour in Tibet. Head out to your hotel with the guide and rest for the day. In the evening, you can experience the lifestyle here walking in the local markets of Lhasa. Overnight at a hotel in Lhasa.

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## Day 03 Lhasa Sightseeing

Our Lhasa Sightseeing tour starts after an early breakfast today. Our destinations today constitute the UNESCO world heritage sites as well. First, we will drive up to the majestic Potala Palace. As the most significant part of the history and culture of Lhasa, this palace was the ruling palace of the Dalai Lama for centuries. Potala palace houses some of the best art, culture, and murals that reflect the timeline of Tibet.

Next, we will head towards the Sera Monastery. Probably the most beautiful and lively monastery that we will be in this journey, the monks teach us a better way of life. Explore the courtyard and murals here reflecting Tibetan Buddhism. From Sera Monastery, we will make our way to the Jokhang Temple. It is the center of spirituality in Lhasa. The architecture of this masterpiece is inspired by Indian Vihara and Nepalese style. Also, explore the Barkhor Square surrounding the temple while you are there. Overnight at a hotel in Lhasa.

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## Day 04 Lhasa Sightseeing

We will resume the exploration of Lhasa first visiting the Drepung Monastery. Once among the largest in the world home to over 10,000 monks, you can still take a peek into centuries-old components of Tibetan Buddhism here. For a complete experience try being here in the Shoton Festival when you can witness the unfolding of a giant mural and explore many other Buddha sculptures around the monastery. From here we will make our way to Mentsekang. You can take a glance at the Tibetan art of healing and medicine here.

The Summer Palace of the Dalai Lamas, Norbulingka palace is next in our list of the visit. The palace itself is massive with fine cultural relics centuries-old and important. But the garden here adds more reason to visit this wonderful Palace. On the premises of the palace, one can have a look of thousands of sublime sculptures reflecting art and history. After the visit, we will return to the hotel and rest for the day.

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## Day 05 Excursion to Yamdok Tsho Lake

Providing equal dosage of cultural and natural delights is the main asset of Tibet. We will add to the list of the latter with a visit to Yamdrok Tso today. With a few hours of a smooth and scenic drive from Lhasa, we will be here. Yamdrok Tso is one of the holiest lakes in Tibet. The picturesque background and a view of the pristine lake make it worth every bit. We can take short hikes on the shores and enjoy the view with a fresh breeze. listen to the legends of the lake by the guide and try some local snacks while you are here. We will return back to Lhasa after this fantastic excursion of Yamdrok Lake. Overnight at a hotel in Lhasa. Overnight at a hotel in Lhasa.

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## Day 06 Fly to Kathmandu

You will fly to Kathmandu from Lhasa and a Nepalese guide receives and takes you to the hotel. You can utilize the afternoon by visiting the local markets and trying some exquisite local cuisines of Kathmandu. Asan is an old market in central Kathmandu. It is a one-stop for tasting every wonderful treat that Nepali cuisine has to offer. The monuments and small temple squares here are the highlights of this cultural gem in Asia. Overnight at a hotel in Kathmandu.

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## Day 07 Fly to Paro, Bhutan and drive to Thimphu

We will drive you to the airport in Kathmandu for a scenic flight to Paro, Bhutan. After a scenic flight of over an hour, you will land at the only International airport Paro in Bhutan. Your Bhutanese guide will receive you at the airport. After a short introduction, you will drive to Thimphu from here.

Driving on a small hill highway road from Paro valley, we will reach Thimphu in no time. Halfway to the Paro-Thimphu highway, visit the 16<sup>th</sup>-century old Tachogang Lhakhang temple by traversing an old bridge. From the bridge, enjoy the scenic views of the villages. Tachogang temple means the hill of the excellent horse. Continue to drive to Thimphu. Overnight stay at Thimphu.

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## Day 08 Thimphu sightseeing tour

We will start the day with a fantastic sunrise view and a light Bhutanese breakfast. In our Thimphu sightseeing tour today, we will explore the major cultural and historical sites in the Bhutanese capital. Commencing from the National Library of Bhutan, we will look at the centuries-old Buddhist Manuscripts.

Next, we will visit the National Memorial Chorten made in honor of the third Bhutanese king. The Chorten is one of the most prominent sites in Thimphu. We will also visit the traditional paper factory, Bhutan Postal Museum, Thimphu Dzong, Great Buddha Dordenma statue, the Folk Heritage museum, and Takin Zoo among others in the city today. In the evening, you can attend the local markets in the city. Overnight at a hotel in Thimphu.

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## Day 09 Thimphu to Punakha excursion- back to Thimphu (150 kilometers.)

We will start our trip to Punakha Early today. The drive is about 2 hours long. We will stop in the Dochula Pass

in the way. The 108 Druk Wangyal Chortens is a treat for the eyes at the pass. The magnificent views of the Himalayas including the Gangkar Puensum (7570 m) also accompany you here.

After a brief stay here, we will take a short de-route towards the Chimi Lhakang temple. This temple of fertility is a well-visited place in this region known for the unique paintings of Phallus in the temple and surrounding houses.

After reaching Punakha, we will head towards the historic Punakha dzong. This magnificent Dzong is an exemplary example of Bhutanese architecture and culture. Located amid the scenic Pho Chhu and Mo Chhu rivers this Dzong also treats with fantastic landscape views. Also, explore nearby Bhutan's oldest Punakha Suspension Bridge. Relish the stunning views from the bridge. After a brief visit at other main sites and some historical stories from your guide, return to Thimphu. Overnight at a hotel in Thimphu.

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## Day 10 Thimphu to Paro and Taktsang Monastery Hike

We will drive early from Thimphu to Paro. After arriving in the valley, we will start the iconic hike to the Taktsang Monastery. The walk is steep and surrounded by beautiful views all along. We will stop in the way for snacks and chat with the locals making our way to the monastery. This monastery has been representing Bhutan for a long time outside Asia.

Located at a steep face of a cliff the monastery treats travelers with breathtaking views and a bit of legend from several centuries ago. Guru Rinpoche or Padmasambhava is said to have meditated in the caves here in Taktsang monastery. After the visit and exploration, we will start our downhill walk back to the valley. After lunch, we will explore Rinpung Dzong, National Museum of Bhutan, and beautiful Kyichu Lhakhang Temple. Overnight at a hotel in Paro.

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## Day 11 Fly to Myanmar (Burma) via Bangkok - Arrival in Yangon

After arrival at Yangon, You are received by an English speaking guide and then transferred to hotel. You can take rest and your overnight is at Yangon. Myanmar is ethnically diverse with 135 distinct ethnic groups recognized by the government. Myanmar also has a diverse range of indigenous cultures but primarily is Buddhist and Bamar. Its culture is influenced by its neighboring countries and is manifested in its language, cuisine, music, dance & theatre. You can try Burmese cuisine. It is characterized by extensive use of fish products such as fish sauce, ngapi (fermented seafood) and dried prawn.



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## Day 12 Yangon Sightseeing

We will visit the major sites of Yangon today. The Botahtaung Pagoda will be our first. Rebuilt after the second world war, this beautiful pagoda houses numerous relics and artifacts. Next, we will visit ChaukHtatKyí Pagoda. The major attraction here is the colossal Buddha image of over 66 meters in length. From here we will visit the beautiful Sule pagoda at the heart of Yangon. It has been an important site of Burmese politics, ideology, and geography for many years.

In the evening, we will have a heartwarming sunset view from the premises of Shwedagon Pagoda. Also popular over the world as the 'Golden Pagoda', Shwedagon Pagoda hovers over the landscape of Bagan. Standing nearly a hundred meters tall, the views are pristine of the rays reflecting off its golden surface. Overnight at a hotel in Yangon.

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## Day 13 Yangon - Bagan, Old Bagan Tour

From Yangon, we will take an early flight to Bagan. Bagan, a UNESCO world heritage site was the former capital of the Pagan Kingdom. After landing, you will head straight to the hotel here. Visit the Nyaung U Market and try some local cuisine of Myanmar.

Next, we will visit the Shikhara styled GuByaukKyí Temple. Some of the oldest Buddhist paintings in Myanmar. From here we will visit the Ananda Temple, one of the architectural wonders of Bagan. After some cultural time here, we will return to the hotel and rest for the day. Overnight at a hotel in Bagan.

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## Day 14 Bagan Tour with Mt. Popa

We will visit the other important and beautiful pagodas of Bagan today. Being an archeological zone as a whole we can explore centuries-old historical components, sculptures, paintings, and many more here.

Dhammayazika Pagoda, Layhmyetna Temple, Tayokepyay Temple, Nandamanya Temple, and Phayathonezou Temple are the major attraction of the Bagan tour, each with their own unique delight and treasure to witness. Towards the afternoon we will pay a short visit to Minnanthu Village. The Sulamani temple here withholds some of the historic frescos in the inner wall documented over the years by the archeological restorers. We will also have a peek into the village lifestyle of the local people here. Returning from here we will rest for the day in the hotel. Overnight at Bagan.

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## Day 15 Bagan-Heho-Inle Lake

You will take a morning flight to Heho. Our guides will meet you at the airport and transfer you to the hotel. After lunch, we will drive to Inle Lake. You will also visit PhaungdawOo Pagoda here. This architectural

brilliance lies in the banks of Inle showcasing the art of Myanmar to the highest level. You can also buy some traditional Shan and Burmese merchandise in the basement shops here. Visit Myanmar Handicraft workshops and jumping cat Monastery to catch a glimpse of the art, culture, and tradition of the locals in Inle. Overnight at a hotel in Inle Lake.

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## Day 16 Inle Lake Sightseeing

Exploration of Inle Lake is a well-made combination of natural and cultural moments. A fantastic view opens our day as we make our way to the floating markets of Inle. We will then visit the Shwe Innsein Pagodas. These pagodas are an important archeological part of Myanmar.

Exploring around the Innsein village, we can witness the local lifestyle closely. Take short hikes near the tribal villages of the Inle Lake. We will visit a couple of other sites and return to the hotel and rest for the day. Overnight at Inle.

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## Day 17 Inle Lake-Heho-Yangon

You return to Yangon today via Heho. Once there you will continue to explore different sites of Bagan. You can visit some monuments from the colonial era here as well. In Southeast Asia, Yangon has the largest number of colonial-era buildings with a unique colonial-era urban core that is noticeably intact.

Your leisure can be utilized to view the local markets there and try the local cuisines. Overnight at a hotel Yangon.

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## Day 18 Final Departure from Yangon, Myanmar

We express our gratitude for providing us an opportunity to operate your tour in Nepal, Bhutan & Myanmar. We have ensured to make this tour safe, sound and thoroughly enjoying. You will be leaving with a lifetime of memories enriched with the knowledge of diverse and beautiful cultural heritage.

We wish you a happy and safe journey. If you decide to return we will be happy to serve you again.

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## Cost & Inclusion

**Tibet;**



- Breakfast in Tibet.
- Processing Travel Permit and Entry Visa.

**Bhutan;**

- Full meals in Bhutan.
- Processing Travel Permit and Entry Visa.

**Myanmar;**

- Breakfast in Myanmar.

**Extras;**

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.

## Contact Us

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