

Nepal Tibet Popular Tour 2026 (Flight Option)

11 Days Exclusive & Personalized Journey

Natural beauty and diverse, cultural, historical, lifestyle and tradition of two Himalayan countries.



Destination Highlights

- **Nepal:** 7 Nights in Kathmandu Nepal with Boudhanath, Pashupati, Swoyambhunath, Patan Durbar Square, Bhaktapur Durbar Square, Nagarkot & Dhulikhel for beautiful sunset and sunrise.
- **Tibet:** 3 Nights in Lhasa Tibet with Potala Palace, Norbulingka, largest monastery Drepung, Barkhor street, Sera Monastery and local lifestyle.

Customizable Private Tour

Tailor Your Journey with Flexible Dates, Accommodations & Activities

1. Choose your own departure date
2. Select the comfort level of accommodation
3. Adjust activities to cater to special interests
4. Modify any aspect of the tour as needed
5. Flexible travel route (start from Kathmandu and end to Beijing/Bangkok or vice-versa)

Trip Highlights

Updated 5th March, 2024

Currently, there is only one direct flight available to Lhasa from Kathmandu or vice versa which operates every Monday (by Himalayan Airlines) until March 25, 2024. According to informal reports, additional two flights are scheduled to operate direct flights starting from April 2024 resulting in daily flights which is good news. In the event that these flights are not scheduled, Travelers have two options at present either taking a flight to Kathmandu/Lhasa via Chengdu or an additional 4-day long overland tour. During an overland tour, Rongbuk Monastery/EBC with a view of Mount Everest, Shigatse, Gyantse, etc., are prime attractions. Please, find related tour links from here:

[14 Days Nepal, Bhutan and Tibet by overland \(Enter in Kathmandu and Exit from Tibet\)](#)

[18 Days Tibet, Nepal by overland and Bhutan Tour \(Enter in Tibet and exit from Bhutan\)](#)

- Sightseeing of famous World Heritage Sites
- Close look of culture and tradition of Nepalese people
- Admire the ancient sites of Kathmandu
- A glance of beautiful Himalayan range from aircraft
- Historical Monastery and exploration of different cultures in Tibet
- Amazing Palace Potala, a house of Dalai Lama
- Visit Drepung Monastery, largest monastery in Tibet
- Tibetans culture, tradition and modern Lhasa

Trip Overview

Nepal Tibet Tour, A comprehensive tour of two of the most captivating destinations of central [Asia](#). These beautiful nations are the stations that have tormented the ambitions of travelers for centuries. Resembling the Nirvana of pure and diverse culture, the captivating resolution of the environment is equally important. States with immense culture and history to remember for a long time, **Tibet and Nepal** hail you with sincere hospitality.

Encounter humanity in the cloak of **Everest**. Carry on the souvenir of this sensational land of evergreen hills and not to mention the integrity of the Nepalese people. A nation that greets the guests as a form of gods visiting their home where you can peek into their rich culture on balance roll out to the cultural heritage sites and likewise enjoy the Sunrise from different compelling spots in your tour gulp in the Newari cuisine and hit your senses with the pounding of tingling contentment. Rejoice with the beetle of art and roam through the tapered streets of [Bhaktapur](#). Ally with the locals and return with the keepsake of warm memories.

Make your entrance to the oracular Buddhist land coupled with outpost-like towns and a storehouse of primitive **Tibetian culture**. A culture self-composed and far from the intimacy of western trends, it's a Zion for pilgrims. Circle around the **Jokhang and Sera monasteries** alongside the Monks identically learning about ancient Buddhism. Seize an opportunity to visit **Potala the prior home of Dalai Lama**. Similarly, recognize the Tibetan art of healing and medicine here and make your tour notable.

Tips for Nepal Tibet Tour

- Prepare your items of clothing according to the season here. Similarly, try being less flashy with your outfit.
- Bring your camera as these regions promise great mountain views and scenarios. Photography may be banned in some places.
- Stay close and be attentive towards your guide. The guides we provide are experienced and trained well for any occasion.

Your Journey day by day

Day 01 Arrival at Kathmandu (B)

Land at Kathmandu international airport. Our staff will receive you and accompany to the hotel. Today you can relax or enjoy the traditional and crowded markets of the Kathmandu city. You will definitely enjoy realizing how a congested market holds every detail items that attract the people. Old shops with traditional items are the best experience for most of the people in these local markets.

Day 02 Explore Kathmandu (B)

Today we will encounter the most distinct tradition and culture of Nepal. We start from Kathmandu Durbar Square, the site is famous for old monuments and temples. Durbar square is in the heart of Kathmandu city and is mostly crowded with locals, you can also admire and watch the local lifestyle here. If you are lucky enough then you may get a glimpse of living Goddess Kumari and the beautiful carved house.



Next, we head towards **Swayambhunath temple** located on top of the hill. The temple is also known as monkey temple as you will find many monkeys on your way to temple. It is the beautiful and oldest shrine in Nepal and the best place to view the Kathmandu city and relax at the top.

Day 03 Nagarkot Tour with optional mountain flight at Everest (B)

An option to fly above the great Himalayas using the modern jet-stream aircraft and a view from 25000 feet is undoubtedly amazing. A close view of Makalu, Cho-Yu, Lhotse, Mt. Everest and Tibet is worth watching from aircraft. You will enjoy the view of white snow mountains, lake, and Glaciers from the flight. An alternate of Helicopter can also be available.

Post breakfast we will head towards Nagarkot. A drive through suburb will take you to Nagarkot, place well known in Nepal for a beautiful sunset and sunrise. View of Himalayan range from Nagarkot on a clear day would be pleasant for your eyes.

Day 04 Nagarkot to Dhulikhel (B)

Post breakfast you have two choices first a descent to Bhaktapur then to Nala or a second choice would be an ascent to Nagarkot tower then a steep path downwards to Nala.

Dhulikhel is a beautiful small town with a view of Himalayan range. It is also popular for few temples and the view of mountains from the ridge in Dhulikhel. You can enjoy the day walk and get to know the local culture in Dhulikhel. Most of the people in this town are Newars and are known for rich cuisine and friendly nature.

Day 05 Bhaktapur Durbar Square tour (B)

This square is one of the most prominent places to visit in Kathmandu. It is an open Museum with stunning sculptures around. The square is famous for courtyards, royal bath, Shikhara style temples, and pagodas. The monument that you will see here are the best examples of art and culture in Nepal. Close to Durbar Square sightseeing of various other arts is available, a five storied temple with amazing architecture is an eye catching the view. The traditional painting school attracts many visitors every day, the pottery square and the peacock windows are the best view in Bhaktapur. The local life of Bhaktapur and the traditional market is the most highlighted to view in Bhaktapur.



Day 06 Fly to Lhasa (B)

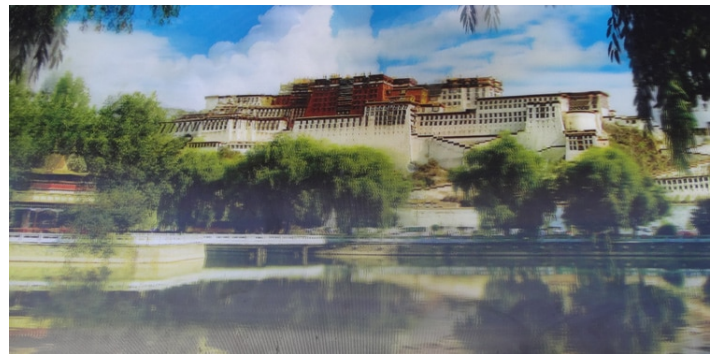
You will land at Lhasa airport today where a Tibetan guide will take you to the hotel. We can take rest to adapt to the altitude of 14,000 feet above sea level.

Tibet an autonomous region of China is best known as the roof of the world as it is surrounded by the highest mountains. The inhabitants in Tibet include Tibetans, Luopa, Hui, Menpa Sherpa, Han Chinese and a few Deng people. Among them, the Tibetans are the main inhabitants. The Tibetans people are friendly and optimistic and you will have the best experience as you understand their culture and interact with them. Overnight at Lhasa.

Lhasa, the capital of the Tibet Autonomous Region, lies on the Lhasa River's north bank in a valley of the Himalayas. Rising atop Red Mountain at an altitude of 3,700m. Lhasa is famous for the seat of Dalai Lama and is the place that is loved by every Buddhist. Lhasa is also famous for shopping and sight saw of places such as Potala Palace and beautiful Monasteries.

Day 07 Sightseeing at Tibet (B)

Today we have a list of places for sightseeing. Morning tour starts with a visit to Potala Palace, a Museum and a world heritage site at present. It was the house of Dalai Lama until the 14th Dalai Lama fled to India. The towering portion of this Palace is also referred as Red Palace. Next on the list is Sera Monastery the art in this Monastery is the most beautiful sight to view. The hall holds scriptures written with golden powder and debates are also held in these halls.



Jokhang temple, it is the most famous Buddhist Temple in Tibet and is a world heritage site. it was also known as the house of mysteries in the past. You can see Indian approach in style but a combination of Nepalese and Tibetans can also be seen. The bronze roof and statues of golden deer are best experiences to observe in this tour.

Day 08 Explore Tibet (Monastery and exploration of different cultures in Tibet) (B)

We start our day by visiting Drepung Monastery, the largest monastery in Tibet. The foundation of this Monastery was laid on 1416. It is one of the great three Monastery, the other two are Ganden and Serachen. Next, we will head towards Mentsekhang (traditional hospital) is the center of treatment, research, training, and production of Tibetan Medicine.



Norbulingka Palaces: built on 1755 as a summer residence by Seventh Dalai Lama is the most beautiful site to visit. The Palace became more attractive after the 14th Dalai Lama added Chappels and fountains. The Palace built by 14th Dalai Lama is the most attractive as it is a blend of Tibetan and Western culture. Norbulingka is the world heritage site and a lovely place to visit.

Day 09 Flight to Kathmandu from Gonggar Airport (Lhasa) (B)

End of Lhasa tour with beautiful memories and cultural touch is carried towards Kathmandu. After you land at Kathmandu the list of sightseeing starts from a beautiful and crowded place in Kathmandu.

Patan Durbar Square is the oldest among other Durbar squares in Kathmandu. You can see the beautiful monuments of Hindu and Buddhist culture, admire the Royal Palace Square and surrounding shrines. The crafts at this visit are quite astonishing and the floor crafted with red bricks make the place more beautiful to gaze at. The main temples are positioned opposite of western face of the Palace at Patan Durbar Square. The place also holds old Newari house which is quite striking. The Krishna temple made of stone and the ancient Stupas and Monasteries has added a more attractive look to this place.

Day 10 View of Ancient Sculptures (B)

Pashupatinath Temple: One of the holiest temples of Lord Shiva is the most famous temple for Hindus all over the world. The temple stands just above the bank of Bagmati River and across the river, you can see an abundance of many small temples. The gold plated roof is an attractive feature of the temple. The Bagmati River is the sacred river for Hindus and in the banks, you can see cremation of bodies as well.



Boudhanath Stupa: The Buddhist Stupa located in Boudhanath is one of the biggest in the world. It is the most

sacred temple for Buddhist of the world. The Stupa is said to entomb the remains of Kassapa Buddha. As Boudhanath is among the UNESCO Heritage Sites it has many visitors. It is encircled by many Monasteries around and a blend of Tibetan culture can also be seen in Boudhanath area.

Day 11 Final Departure (B)

Today it is the last day of the tour if you have enough time you can roam around Kathmandu markets for shopping of traditional items for your closed ones back home. Our staff will accompany you to the airport and we hope that the tour has been the best experience for you to share with your friends and family back home.

Cost & Inclusion

Nepal;

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Breakfast in Nepal.

Tibet;

- Free bottled water;
- All necessary travel permits to Tibet;
- Entrance ticket fees for all the sight spots listed in the program;
- Private transportation in Tibet with experienced local Tibetan driver: Ranging from 4WD land cruiser to minibus depending on the group size and trip route (car gasoline is included);
- Private guide: English speaking local Tibetan guide;
- Accommodation as per your choice;
- Pick-up and send-off services at the beginning and end of the tour;
- Oxygen cylinder for the group (4L / 7L);
- Meals: only breakfasts are included while stay in hotels;
- Lodging and meals for guide and drivers;
- First aid kit;
- Liability insurance;

- All government taxes;

Select;

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