

# Nepal Bhutan Bangladesh Tibet Tours

## 18 Days Exclusive & Personalized Journey

The combined Nepal Bhutan Bangladesh Tibet tours via Kunming are a perfect blend of history, nature, and culture tours



## Destination Highlights

- **Nepal:** 5 Nights in Kathmandu with Bhaktapur Durbar Square, Pashupatinath, Boudhanath, Patan, Swyambhu Stupa, and Pokhara with Sarangkot for sunrise.
- **Bhutan:** 3 Nights in Bhutan with Taktsang Monastery (Tiger's Nest), Paro Valley, Thimphu with the weekend market and Punakha Dzong.
- **Bangladesh:** 4 Nights in Bangladesh with archeological sites & the Buddhist monastery of Bogura & Comia, City Temples of Paharpur.
- **Tibet:** 5 Nights in Lhasa, Tibet with Potala Palace, Drepung Monastery, Norbulinka Palace, Jokhang

## Temple with Barkhor Street with Yamdrok Lake Excursion

## Customizable Private Tour

Tailor Your Journey with Flexible Dates, Accommodations & Activities

- Choose your own departure date
- Select the comfort level of accommodation
- Adjust activities to cater to special interests
- Modify any aspect of the tour as needed
- Flexible travel route (start from Dhaka and end to Lhasa/Kathmandu/Beijing or vice-versa)

## Trip Highlights

- Sightseeing of famous World Heritage Sites in Kathmandu Valley.
- Visit the local market and Close look at the culture and traditions of Nepalese people.
- Wonderful sunrise view with mountain view from Sarangkot.
- Reflection of Machapuchhre on Fewa Lake.
- To many adventurous sports.
- Enjoy the mesmerizing view of the valley of Paro, Thimphu and Wangdu/Punakha.
- Beautiful Hike Taktshang Monastery (Tiger's Nest).
- Tour of Bhutan's towns and country's villages.
- Visit Bogra, Paharpur, city temples, and local markets.
- Explore Buddhism's art, culture, tradition and architecture in Bangladesh.
- Admire the view of Lhasa with Potala Palace of Dalai Lama.
- Visit Drepung Monastery, the biggest Monastery in Tibet and Norbulingka Palace.

## Trip Overview

The combined Nepal Bhutan Bangladesh Tibet tours via Kunming are a perfect blend of history, nature, and culture tours. Experience sightseeing rich cultural and UNESCO Heritage sites, ancient Dzongs and monasteries, ancient historic regions, archaeological sites, diverse landscapes, natural greenery, and beautiful sunrise views over snowy mountains including some fun adventures. The combined tour of these amazing 4 destinations in South Asia offers something to every traveler.

**Nepal** tour attracts travelers with cultural sightseeing including UNESCO Heritage sites. The sunrise view over snow-capped mountains in Sarangkot in the tourist hub Pokhara is a phenomenal experience. Try some authentic delicious meals in Kathmandu and visit the souvenir markets where travelers can get unique goods.

**Bhutan** is a mystical and magical nation admirable for its unique sustainable tourism. Sightsee amazing

destinations in the majestic cities of Paro, Punakha, and Thimphu with a hike to the iconic Tiger's Nest Monastery. The natural greenery, serene environment, beautiful landscapes, ancient Dzongs and monasteries, aesthetic architecture, and friendly and happy locals add beauty to this tour.

**Bangladesh** is the least travel destination in South Asia but has recently grown as a prominent destination. Explore the ancient cities of Dhaka, Bogura, Paharpur, and Rajshahi which provide rich historical and cultural glimpses during the tour. It is a unique travel experience as it takes travelers to archaeological sites and historical and cultural regions.

**Tibet** has been a hidden destination for a long and travelers might find it mysterious. This destination tour attracts with its tranquil ambiance and spiritual aura in most of the sightseeing. The historic and cultural sights in Lhasa include the iconic Potala Palace, Norbulingka Palace, Barkhor Street, Sera, and Drepung monasteries. The tour ends with a phenomenal excursion to magnificent Yamdrok Lake is truly a once-in-a-lifetime experience.

## Your Journey day by day

### Day 01 Arrive in Kathmandu

Upon arriving at the Kathmandu TIA airport, clear the customs and apply for Nepal Visa at the airport. The process is easy and quick which takes 15-20 minutes. Our representative welcomes you at the Tribhuvan International Airport (TIA). Transfer to the hotel after completing all formalities. Take a rest, and relax your body. If time permits or you wish to visit a nearby market after a while. Overnight stay in a hotel.

**Note:** (A Chinese Visa is required as you are going to Tibet via Kunming from Bangladesh as per this itinerary.)

### Day 02 Kathmandu sightseeing

Kathmandu sightseeing is full of UNESCO-listed World Heritage Sites. After breakfast, begin a sightseeing trip to Swayambhunath Stupa also famous as 'Monkey Temple'. Then, visit Pashupatinath Temple, Boudhanath Stupa, and end the day with a visit to the famous Kathmandu Durbar Square. Overnight stay in a hotel.



**Swayambhunath Stupa:** A sacred Buddhist pilgrimage site also the best place to get views of Kathmandu Valley from the top

**Pashupatinath Temple:** One of the prime Hindu temples dedicated to Lord Shiva

**Boudhanath Stupa:** One of the biggest Buddhist stupas in Nepal which is a holy Buddhist site

**Kathmandu Durbar Square:** One of the best examples of ancient heritages of the medieval period which includes popular attractions such as Kal Bhairav Temple, Hanuman Dhoka Museum, Gaddi Baithak, Taleju Temple, and the living Goddess Kumari

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## Day 03 Fly from Kathmandu to Pokhara

Take a scheduled scenic flight from Kathmandu to Pokhara which takes approx. 25 minutes. Transfer to the hotel for rest after arriving at Pokhara. Explore nearby tourist places such as Gupteshwor Mahadev Cave and Davis Falls or Devi's Falls. In the evening, explore the lakeside and its surroundings. Attend some live music or folk songs and dance performing restaurants for dinner. Overnight stay in a hotel.

**Gupteshwor Mahadev Cave:** The Shiva statue inside the cave and a sight of Davis Fall

**Davis Falls (Devi's Falls):** A scenic white waterfall which is called 'Paatale Chhango' in Nepali

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## Day 04 Pokhara tour with Sarangkot sunrise

Wake up early and take a short ride to Sarangkot in a private vehicle. Reach the Sarangkot viewpoint to relish the sunrise view over snow-covered mountains. The panoramic views of Annapurna ranges and Dhaulagiri looks mesmerizing. Drive back to the hotel for breakfast.



Commence Pokhara sightseeing by visiting popular landmarks **Seti Gorge, and the International Mountain Museum**. Take a boat ride on Phewa Lake and visit Tal Barahi temple in the middle of the lake. While boating, adore the stunning views of Machhapuchhre and other mountain ranges.

After completing the boat ride, spend some time around the lakeside or go to markets for shopping. Experience Pokhara nightlife, enjoy dinner, and back to the hotel for an overnight stay.

**Sarangkot:** A popular viewpoint for enjoying a sunrise view over snowy mountains

**Seti Gorge:** One of the beautiful scenic gorge

**International Mountain Museum:** It displays famous peaks and famous mountaineer's descriptions, and teaches about the culture and lifestyle of mountain people

**Boat Ride:** The Phewa Lake boat ride teases visitors with awesome view of snow-covered mountains

**Note: (There is an option of sightseeing around Peace Stupa, Pumdikot Shiva Statue, or Annapurna Cable Car ride for interested travelers.)**

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## Day 05 Flight back to Kathmandu and leisure time

Take a scenic flight back to Kathmandu after breakfast and get transferred to the hotel. The day is leisure and you are free to spend it on your own. Visit the popular Ason or Thamel market for shopping or just walking. Join us for a farewell dinner in a classic Nepali Restaurant which includes authentic Nepali dishes and cultural dance in the evening. Overnight stay in a hotel.

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## Day 06 Flight to Paro, Bhutan, and drive to Thimphu, Thimphu sightseeing

Take a scenic flight to Paro and relish beautiful mountain views throughout the flight. Upon arriving at Paro, our guide welcomes you and transfers you to the café/restaurant for lunch or snacks as you desire.

After a short break, take a 1.5-hour picturesque ride to the capital city of Thimphu. Stop at the 16th-century Tachogang Lhakhang temple midway through the Paro-Thimphu highway. Cross the bridge, visit the temple, and admire the beauty of the surroundings. Continue the journey to Thimphu and get transferred to the hotel for some relaxation.

Begin Thimphu sightseeing with a visit to the National Memorial Chorten. Then, visit the Fortress of the Glorious Religion-Tashichho Dzong, and end the day with a visit to the Great Buddha Dordenma statue at Kuensel Phodrang. Overnight stay in a hotel.

**National Memorial Chorten:** Impressive white stupa with a golden spiral which was built to honor the third King of Bhutan

**Tashichho Dzong:** Incredible Dzong is the archetype of Bhutanese architecture that features a central tower, chapels, temples, and shrines

**Great Buddha Dordenma:** A remarkable enormous statue that is a perfect viewpoint to relish the beautiful

city view of Thimphu.

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## Day 07 Punakha Excursion from Thimphu

After breakfast, drive to Punakha which has the largest suspension bridges in Bhutan. Visit the second-oldest Punakha Dzong and Chhimi Lhakhang- The Fertility Temple of Bhutan. At Chhimi Lhakhang, you can see houses decorated with giant phalluses which are considered symbols of good luck. After completing an amazing Punakha tour, drive back to Thimphu for an overnight stay.



**Punakha Dzong:** A masterwork Dzong built completely without using nails where the famous Punakha festival is held around mid-February. Visit the longest suspension bridge above the Po Chu River near the Dzong.

**Chhimi Lhakhang:** It is a very popular fertility temple worshipped by childless couples devoted to the Divine Madman.

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## Day 08 Drive to Paro and Tiger's Nest (Taktsang Monastery) hike

Drive to the foothill of the iconic Taktsang Monastery in Paro early in the morning. Upon arriving, get ready for a thrilling hike which takes approx. 2-3 hours to reach the top. The monastery is popularly called 'Tiger's Nest Monastery' perched on a cliff above the Paro Valley. It is a holy Vajrayana Himalayan Buddhist site that has great historical and cultural significance. It is believed that Guru Padmasambhava meditated in this cave for more than three years to ward off evil spirits.

During a hike, take a short break midway to use a restroom or relax in an indoor sitting area. There is also a cafeteria to munch on some foods or drinks. Throughout the hike, pass a scenic waterfall, and admire the beautiful surroundings. Wear decent clothes while visiting the monastery.

Continue the hike, and ascend gradually until you reach the monastery. The aura of the monastery is serene and spiritual. Spend some time with monks inside the monastery. Enjoy the phenomenal views of Paro Valley from here. Descend back and transfer to the hotel after exploration. The remaining day is free for you to spend on your own. Overnight stay in a hotel.

**Note:** (There is an option of a pony ride for travelers having physical difficulty during the Tiger's Nest hike.)

## Day 09 Flight to Dhaka, Bangladesh

Take a flight to Dhaka which is the largest as well as the capital city of Bangladesh. Dhaka is classified as Old Dhaka and New Dhaka which has numerous historic and cultural landmarks. Some popular landmarks in both Old and New Dhaka are as follows:



**Tara Mosque (Star Mosque):** Renowned for its beautiful interior and exterior architecture

**Armenian Church:** The oldest church that is a testament to the city's rich historical heritage

**Bahadur Shah Park:** A significant monument that offers insights into the region's past

**Lalbagh Fort:** 17th-century incomplete Mughal Fort popular for its impressive Mughal architecture

**Dhakeshwari Temple:** One of the oldest sacred Hindu temples in Dhaka

**Ahsan Manzil Museum:** Famous as Pink Palace which houses several beautiful paintings and artifacts

**Liberation War Museum:** Exhibits the History of Bangladesh

**Buriganga River:** Take a boat tour and adore the beauty of the river and its surroundings

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## Day 10 Sonargaon tour with sightseeing

Sonargaon is a historic city with major attractions such as archaeological sites, Hindu temples, Sufi shrines, and historic mosques and tombs. Some famous sightseeing landmarks are as follows:

**Goaldi Mosque:** Built in 1519, the mosque is recognized for its pre-Mughal architecture

**Folk Arts and Craft Museum:** It houses the rich textile culture from the 17th century onwards

**Panama City/Nagar:** A boat tour around the Meghna River takes you to the traditional village life on a Sandbank Island

## Day 11 Drive to Bogura for Bogura tour

Bogura or Bogra is one of the significant cities in Bangladesh acknowledged for its ancient Buddhist stupas, Hindu temples, and ancient palaces of Muslim sultans, and Buddhist kings. Some important landmarks in Bogura are as follows:

**Mahasthangarh:** It is a Citadel surrounded by ancient buildings and temples which is the oldest archeological site.

**Govinda Bhita Temple:** A popular Hindu temple in the surrounding area of a citadel.

**Gokul Medh:** An important archaeological site also known as the Behula Lakshindar Bashor Ghor

**Basu Bihar:** An ancient Buddhist heritage site that showcases the architecture, art, and lifestyle

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## Day 12 Visit Paharpur, and Rajshahi, drive back to Dhaka

Paharpur is famous for its archaeological sites which is why it is one of the most significant cities in Bangladesh. This is the city where Mahayana Buddhism or Vajrayana came to rise. Some important landmarks in Paharpur are as follows:



- **Kusumba Mosque:** Impressive architecture with 14th to 16th-century stone-carved art
- **Somapura Mahavihara:** A UNESCO World Heritage Site-listed important archeological site that includes ancient statues, inscriptions, coins, ceramics, and terracotta plaques

Rajshahi is a beautiful city prominent for its world-class architecture, cultural institutions, lush green spaces, turreted castles, and vibrant buildings. Some important landmarks in Rajshahi are as follows:

- **Varendra Research Museum:** The country's oldest museum (1910) includes an extensive collection of archaeology, anthropology, history, and art.



- **Puthia Temple:** Famous Hindu temple having unique designs with intricate terracotta carvings, stunning wood, and stone carvings
  - **The Bagha Mosque:** An incredible archaeological site with impressive early Islamic architecture
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## Day 13 Flight to Kunming

We are flying to Lhasa, Tibet via Kunming for which staying overnight is required due to the flight schedule. Travelers flying from Kunming must have a Chinese Visa to travel to.

**Note:** (Travelers can choose an option of flying to Lhasa from Kathmandu for which they require a Tibet Group Visa.)

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## Day 14 Flight to Lhasa (Tibet)

Admire the scenery while flying to Lhasa from Kunming, and get welcomed by the professional guide upon arriving at Lhasa Gonggar Airport. Relish a scenic 1.5-2 hours ride via a private vehicle and transfer to the hotel in Lhasa. Since Lhasa is at an elevation of 3656 m, we recommend travelers to acclimatize properly so that they can adjust to the surroundings. Spend your time in Lhasa by resting, wearing warm and comfortable clothes, staying hydrated, and eating healthy light foods. Overnight stay in a hotel.

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## Day 15 Lhasa sightseeing

With a proper first acclimatization rest day in Lhasa, commence the second day of Lhasa tours with Lhasa sightseeing. After breakfast, visit UNESCO-listed World Heritage Sites including the grand Potala Palace, a popular Buddhist temple of Jokhang, and an ancient Barkhor Street. Wear appropriate clothes while traveling to religious places.

**Potala Palace:** A majestic museum that has 13 storeys of buildings including 1,000 rooms, 10,000 shrines, and approx. 200,000 statues.

**Jokhang Temple:** A spiritual Buddhist temple for Tibetans that houses the gold statue of Jowo Rinpoche.

**Barkhor Street:** A sacred circumambulation road (kora ritual) popular for buying Tibetan original goods and crafts and learning Tibetan culture.

**Note:** (Interested travelers can attend the Tibetan Family Kitchen class between 4:30 pm to 8 pm where they can cook, and dine with family and friends.)

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## Day 16 Lhasa Sightseeing

Lhasa sightseeing continues with a visit to the ancient Norbulingka Palace built in 1755 which is listed as a UNESCO World Heritage Site. Also, visit Drepung Monastery and Sera Monastery which are part of the Gelug School of Tibetan Buddhism.



**Norbulingka Palace:** It is popular for its unique Tibetan architecture where the annual Yogurt festival (Sho Dun) is held.

**Drepung Monastery:** A sacred monastery that is also one of the three largest monasteries of the Gelug School of Tibetan Buddhism.

**Sera Monastery:** The monastery renowned for debate sessions (between 3-5 pm) houses scriptures written with golden powder.

**Note:** (Interested travelers can attend the grand Princess Wencheng Live Drama after dinner. Through drama, music, and dances it displays the historical and cultural ties between the Tubo and Tang dynasties.)

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## Day 17 Yamdrok Lake Excursion

Yamdrok Lake Excursion begins with a scenic drive traversing Kampala Pass at an elevation of 4794 m. Adore the phenomenal view of Mt. Nojin Kangtsang (7191m) from the pass. Yamdrok is a freshwater lake that is among one of the largest of the Great Three Sacred Lakes in Tibet. After the excursion, have lunch and drive back to Lhasa for an overnight stay.

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## Day 18 Final departure from Lhasa, Tibet

We hope you had a great time and created some remarkable memories in these combined Nepal Bhutan Bangladesh Tibet tours. The guide bids farewell and drops you at the Lhasa airport for your departure as a scheduled flight to your next destination. Have a safe journey and hope to see you again.

## **Cost & Inclusion**

### **Nepal;**

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Breakfast in Nepal.

### **Bhutan;**

- US\$ 40/Person visa fees and visa arrangement
- Sustainable Development Fees (SDF)
- Accommodations as per your choice
- Breakfast and Dinner in the hotels
- Lunch in tourist standard restaurants outside the hotels
- English-speaking licensed guide
- Comfortable luxury transportation and sightseeing as per the itinerary based on group size
- Museums and parks fees indicated in the itinerary
- Complimentary bottled drinking water on daily basis

### **Bangladesh;**

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Breakfast in Bangladesh.

### **Tibet;**

- Free bottled water
- All necessary travel permits to Tibet
- Entrance ticket fees for all the sight spots listed in the program
- Private transportation in Tibet with experienced local Tibetan driver: Ranging from 4WD land cruiser to

minibus depending on the group size and trip route (car gasoline is included)

- Private guide: English-speaking local Tibetan guide
- Accommodation as per your choice
- Pick-up and send-off services at the beginning and end of the tour
- Oxygen cylinder for the group (4L / 7L)
- Meals: only breakfasts are included while staying in hotels
- Lodging and meals for guide and drivers
- First aid kit
- Liability insurance
- All government taxes

## Contact Us

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