

# Nepal Bhutan Myanmar (Burma) Tour

## 21 Days Exclusive & Personalized Journey

Experience Buddhist culture, heritage & jungle safari and views of amazing Buddhist Pagodas



## Destination Highlights

- **Nepal:** 7 Nights in Kathmandu with Kathmandu Durbar Square, Pashupatinath, Boudha stupa, Swoyambhunath, Elephant Safari in Chitwan and Mountain views with sunrise/sunset at Pokhara.
- **Bhutan:** 4 Nights in Bhutan with a hike to Taktsang Monastery (Tiger's Nest), Paro, Thimphu and Punakha with local life style.
- **Myanmar:** 9 Nights in Burma with Shwedagon Pagoda at Yangon, Buddhist Pagodas in Bagan , cultural Mandalay and view of floating houses in Inle Lake.

## Customizable Private Tour

Tailor Your Journey with Flexible Dates, Accommodations & Activities

- Choose your own departure date as it is your private tour.
- Select the comfort level of accommodation. Tour cost will be calculated depends on your hotel choices.
- Adjust activities to cater to special interests
- Modify tour duration & any aspect of the tour as needed
- Flexible travel route (start from Kathmandu and end to Yangon/Bangkok or vice-versa)

## Trip Highlights

- Visit of heritage sites in Kathmandu
- Local-life and unique culture at Kathmandu
- Exploration of wildlife with elephant safari in Chitwan National Park
- View of lakes, Caves and Himalayan range with sunrise/sunset from Pokhara
- Fascinating view of Paro, Thimphu and steep valleys in Bhutan.
- Hiking to Takstang Monastery (Tiger's Nest)
- View of most famous Buddhist Pagodas in Bagan.
- Boating at Inle Lake and view of floating houses, markets and vegetable farms.
- Visit of local villages and their life style in Myanmar.

## Trip Overview

The Nepal Bhutan Myanmar tour is a perfect amalgamation of rich culture and nature that connects travelers across 3 amazing nations in Asia. A fabulous opportunity for travelers seeking natural, cultural, spiritual, and adventure wonders to experience all in these 3 incredible nations. This multi-country tour is bound to captivate travelers with its cultural and natural diversity and uniqueness.

The landlocked Himalayan nation **Nepal** is abundant with rich cultural and natural heritages. The towering majestic snow-capped peaks, lush green valleys, picturesque landscapes, several ancient temples and monasteries, numerous national parks, and its diverse flora and fauna, all allure travelers. The sunrise views from numerous viewing points and adventure activities like Paragliding, Jungle Safari, Boat Riding, etc. spark excitement among travelers. Embrace Nepal's natural beauty, the coexistence of cultural and religious harmony, and incredible ancient architecture including [UNESCO World Heritage sites](#).

Another Himalayan landlocked nation **Bhutan**, also known as the Last Shangri La welcomes travelers to its realm of spirituality. This magical nation boasts abundant traditional Dzongs, monasteries, fortresses, and Lhakhang with impressive architectural structures. The mountain range views from Dochu La Pass, iconic landmarks with a hike to popular Paro Taktsang (Tiger's Nest), lush greenery, and a clean, peaceful, and spiritual environment ensure a pleasurable travel experience.

The beautiful Southeast Asian nation [Myanmar](#) is also popular as the 'Garden of the East'. The country, abundant with ancient temples and pagodas mesmerizes visitors with its centuries-old impressive colonial architecture. The rich cultural tradition is perfectly blended with the nation's cultural heritage which showcases great symphony. The ancient city of Bagan itself is listed as a UNESCO World Heritage Site. The serene Inle Lake, a hike to Mount Popa, an excursion to tribal villages, and beautiful Yangon, and Mandalay cities imbue authentic and diverse experiences in one journey.

## Your Journey day by day

### Day 01 Arrive at Kathmandu

Our staff will receive you at the TIA airport after landing. A brief welcome session and you will be accompanied to the hotel. Take some rest and refreshments at the hotel or an evening walk around will be good too.

### Day 02 Sightseeing at Kathmandu

Today's Heritage tour of Kathmandu showcases the main UNESCO world heritage sites of the valley. Our First destination today following breakfast will be the Hindu Temple of Pashupatinath. This shrine complex is one of the most significant in Asia dedicated to the major Hindu god 'Shiva'. The immense spiritual feeling is intact in the banks of the holy Bagmati River. Witness Hindu cremation process, an eye-opening spiritual journey while you are here. You can explore over 500 small and big shrines, sculptures, Lingams, and temples while you are here.



A quick drive will take us from here to the beautiful Buddhist dome of Boudhanath Stupa. The biggest stupa of Nepal, Boudhanath is also the core of Tibetan Buddhism in the Kathmandu valley. Enjoy the Tibetan inspired crafts, paintings, and foods in the surroundings of Boudhanath. The Basantapur Durbar Square is the next site to visit reachable within a short walk of your hotel. This was the ancient ruling palace for the Malla kings of Kathmandu. Enjoy the vast courtyards, magnificent monuments, stoneworks, sculptures, and temples while you are here.

We will end our day with a short drive to 'the monkey temple' or Swyambhunath Temple. A quick drive followed by a short hike will lead you to this Buddhist temple situated at a hill. Soak in a beautiful view of the sunset over the valley from the temple with devotees and visitors alike.



## Day 03 Fly or drive from Kathmandu to Chitwan

**Time:** 25m flight or 5h drive

An optional activity in the morning [Everest flight or helicopter ride is available for Everest base camp](#).

Today we drive towards Chitwan From Kathmandu (Optional 25 minutes flight available). Enjoy the scenic view of beautiful valleys, mountains in a hill highway beside the Trishuli River. Stopping in some settlements and bazaars along the way you can experience a different lifestyle and culture as well. Also, the change in vegetation and climate is also eminent once close to Chitwan.

Chitwan lies in the Terai plains of Nepal is famous for Chitwan National Park. As the oldest national park of the country the wildlife and cultural experience here is not one to be missed. Post lunch you can walk through the villages and view the Tharu culture. Tharus are the native of the Terai region with their unique culture, lifestyle, and cuisine. Before dinner, enjoy a lively and informative Tharu program organized by the locals.

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## Day 04 Chitwan National Park Tour

Our day in Chitwan commences with a refreshing canoe ride in Rapti River towards the national park entrance. The river ride is an opportunity to see some aquatic life including gharials and crocodiles. Entering the national park we will start the jeep safari through the jungle. You can witness numerous mammals, birds, and reptiles during the safari.



The one-horned rhinoceros and Royal Bengal tiger are rare but majestic to gaze at given the chances to spot. Your guide will familiarize you with the flora and fauna of the region while leading you to the major hotspots for spotting them. From the banks of Narayani river enjoy a beautiful sunset view ending the day. Rest for the day after completing the safari.

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## Day 05 Drive or Fly from Chitwan to Pokhara

**Time:** 20m flight or 5h drive

After breakfast, we will start our journey to Pokhara. Pokhara is one of the major destinations for tourists due to its cultural, natural, and adventure-packed activities. Also the starting point for numerous short and long treks to the Annapurna region, a visit here will quench your travel-thirst. After 5 hours of scenic drive (optional flight 25 mins), we will arrive at Pokhara. Relax and head out for an evening tour around the market and banks of Phewa lake.

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## Day 06 Pokhara Tour with Sarangkot Sunrise

We will explore the magnificent Pokhara city today. Starting early today, you will visit the major attractions of the city. The caves of Pokhara are your first destinations with Mahendra, Gupteshor, and Bat caves being the most popular ones. The beautiful underground waterfall of Davis falls is next to visit. After lunch visits the International Mountaineering Museum nearby. The majestic Seti Gorge is another wonderful natural destination here in Pokhara. Spend the evening in the surrounding of the Phewa Lake enjoying the view of a glowing sunset over the Annapurna mountain range.



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## Day 07 Fly or drive from Pokhara to Kathmandu

**Time:** 30m flight or 7h drive

You have options to do a couple of hikes around the city for a sunrise view today. After breakfast, we will head back to the Kathmandu valley. The drive is scenic following the same hill highway but you can take a flight (30 mins) back too. Try some local fruits and snacks in small settlements on the way back.

After reaching Kathmandu, we will drive you back to the hotel. You can visit some nearby attractions or explore the evening markets of Ason in the evening.

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## Day 08 Fly to Bhutan and drive to Thimphu

**Time:** 1h15m flight

From TIA, Kathmandu we have a morning flight to the Paro Airport in Bhutan. The flight is short and you will be received by your Bhutanese guide at the airport. After clearing the customs he/she will drive you towards the Bhutanese Capital Thimphu.

Stop halfway to the Paro-Thimphu highway and visit the 16<sup>th</sup>-century old Tachogang Lhakhang temple by traversing an old bridge. From the bridge, enjoy the scenic views of the villages. Tachogang temple means the hill of the excellent horse. Continue to drive to Thimphu.

Rest for a while at a hotel and head out for a brief tour of the local markets here in the evening.

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## Day 09 Sightseeing at Thimphu

Our Thimphu sightseeing trip commences today with a visit to the heritage Museum near your hotel. Our visit here focuses on the history and culture of the Bhutanese people and Bhutan. After spending some time at the Museum head out to the National Library housing centuries-old manuscripts and artifacts. Following lunch visit the paper and handicraft factories, Bhutan Postal Museum, and Late King's Memorial Chorten around Thimphu.



Later, take a short drive will take us to the outskirts of Thimphu to the Great Buddha Dordenma. The majestic golden monument oversees the city and beyond. Explore the traditional medicine center and Takin zoo next to complete the Thimphu sightseeing tour.

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## Day 10 Thimphu to Punakha excursion- back to Thimphu

**Time:** 2h drive (one-way)

We will head towards beautiful Punakha city from Thimphu today. The drive takes about two and a half hours and is packed with scenic delights. We will drive to the Dochu La Pass (3100 m) midway to Punakha. In a brief stop visit the beautiful Druk Wangyal Chortens and royal botanical garden. The views of Gangkar Puensum



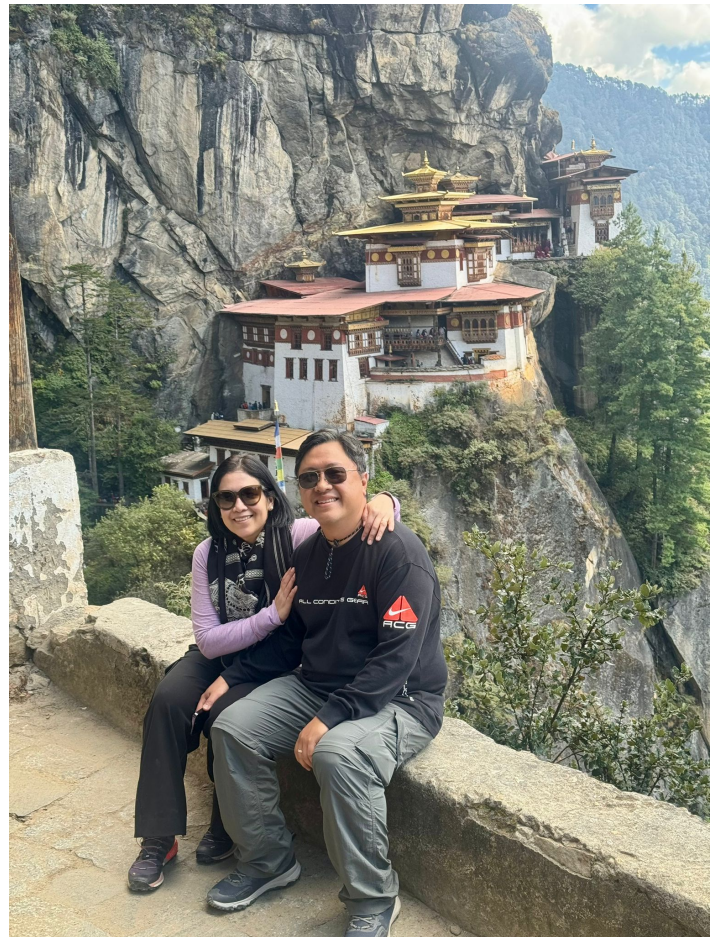
rising over the majestic Himalayas is Sublime from the drive.

We will visit the Chimi Lhakhang or 'The temple of divine madman' temple after arriving at Punakha. Next is the magnificent historic Punakha Fort on our tour. Punakha Dzong highlights the Punakha district and a visit takes you closer to Bhutanese history and architecture. Walk in the terraced rice fields and enjoy the picturesque surroundings while you are here. Not so far is the longest and oldest Punakha Suspension Bridge. Enjoy the beautiful views from the bridge that connect three lovely villages of Bhutan. After the exploration, we will drive back to Thimphu and rest.

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## Day 11 Thimphu to Paro and hike to Taktsang monastery (Tiger's Nest)

Today might be the most anticipated day of the Bhutan tour as the hike to the top of Taktsang Monastery. An hour of drive post breakfast will see us on the foothills of the Taktsang monastery in Paro. Also known as the Tiger's Lair, the monastery is long-acting as the face of Bhutanese tourism.



The hike is about 2 hours long and you can have scenic natural views from the way. Stopping in the midway shops have some snacks and head back to the monastery. Upon reaching here you can have marvelous views all around. Situated at a cliffside the architecture is one to gaze at and enjoy as well. Explore the art and cultural components whilst your guide will explain to you the historic legends surrounding the monastery.

After returning from this magical hike have lunch. Next, visit to some major attractions like Kyichu Lhakhang

Temple, Paro Rinpung Dzong, and the National Museum of Bhutan.

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## Day 12 Fly to Yangon (Burma) via Bangkok - Arrival in Yangon

**Time:** 3h15m flight + 1h20m flight

We will commence Myanmar's part of the tour with a flight to Yangon from Paro. As there are no direct flights you are likely to reach there through Bangkok. After landing, our representative will receive you here and transfer you to the hotel here.

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## Day 13 Yangon - sunset at the most important pagoda

Commence Yangon sightseeing which is abundant with historical buildings from colonial eras. Traverse through **Mahabandoola Garden** to an ancient **Sule Pagoda** with remarkable colonial architecture. Also, relish the 165 ft. white obelisk **Independence Monument**. Next, explore the iconic **Chaukhtatgyi Buddha Temple** which houses Myanmar's largest reclining Buddha statue. Visit the architecturally impressive **Karaweik Hall**. The hall's exterior resembles two huge golden Karaweik birds floating on Kandawgyi Lake. Enjoy a scenic boat ride at **Kandawgyi Lake** admiring the phenomenal view of Shwedagon Pagoda. After boating, visit a **Shwedagon Pagoda**, a golden stupa famous for its impressive carvings. Relish the **sunset views** from a Pagoda which is also spiritually significant for Burmese.



## Day 14 Flight from Yangon to Bagan - Exploring the World Heritage Site

**Time:** 2h flight

Fly to **UNESCO World Heritage Site-listed Bagan** after breakfast. Get welcomed by our representative and get transferred to the hotel. Later, visit the holy Buddhist Pilgrimage site, **Shwezigon Pagoda** popular for its beautiful golden stupa and astonishing structure. Next, visit the largest and widest temple, **Dhammayangyi Temple** in Bagan which has remarkable brickwork. Explore nearby beautiful **Ananda Pagoda** which has



impressive architecture. Visit the ancient, unique gourd-shaped **Bupaya Pagoda** settled on the banks of the holy Irrawaddy (Ayeyarwady) River. Cherish the magical sunset view.

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## Day 15 Mount Popa, and Bagan Villages - Mystique and Charm in Ancient Bagan

**Time:** 1h30m drive

There is a short hike to a sacred pilgrimage site, **Mount Popa**, which is home to the Nat Spirits. Get rewarded by the panoramic views of the ancient Bagan city and the conical peak of **Taung Ma-Gyi**.



After a short hike, back to Bagan sightseeing which introduces you to Bagan's rich history, culture, and local lifestyles. Explore iconic landmarks such as the **Bagan Archaeological Museum, Gawdawpalin Temple, Htilominlo Temple, Thatbyinnyu Temple, Dhammayazika Pagoda, Mahabodhi Temple**, etc. All these landmarks hold great historical and cultural significance which impresses visitors with their intricate architecture. To know the real lifestyle of Burmese people, explore nearby local villages.

Later, visit nearby markets to observe the finest handicraft goods. Don't miss visiting the **traditional lacquerware workshop** where you witness the top-notch production of handicraft products. In the evening, relax, and cherish the beauty of Bagan and its surroundings. Spend a night in a hotel.

***An Optional Hot Air Balloon ride for interested visitors during the season.** Early morning get picked up and transferred to the balloon ride station. Cherish the 45-minute balloon ride that offers stunning cultural and architectural pagodas. A once-in-a-lifetime moment to witness magical sunrise views and picturesque views.*

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## Day 16 Bagan - drive to Mandalay by private car

**Time:** 4h drive

Drive to Mandalay from Bagan after breakfast. Stop halfway at local sites for a short refreshment. Transfer to the hotel and rest for a while. The day is free to explore on your own. Stroll around the nearby places.

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## Day 17 Mandalay - Amarapura Myanmar's Enchanting Old Capitals

Mandalay is the second-largest city in Myanmar, the last capital of royal Burma. A private tour begins in the morning with a visit to the local artisan's workshops of tapestries, woodcarving, gold leaf making, and marble carving. The beauty of this craft lies in the centuries-old techniques, passed down through generations that are still used to create these remarkable items. You can see the same technique in craft items for the Royal Court. Later, visit the iconic **Golden Palace Teak Monastery** famous for its sophisticated interior and exterior wood carvings. It is also known as **Shwenandaw**



**Kyaung**, one of the few remaining structures of the original Mandalay Royal Palace. Proceed to a holy Buddhist stupa, **Kuthodaw Pagoda** which houses the world's biggest book. The Stone tablets inscribed with the Tripiṭaka stand upright on the grounds comprising 1,460 pages. End your day at Myanmar's most photographed stunning **U-Bein bridge**. It is the world's oldest and longest teak bridge popular for its picturesque views and beautiful sunsets.

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## Day 18 Mandalay -Kalaw - Inle Lake by private car

**Time:** 6h drive

After breakfast, drive to Inle Lake from Mandalay which takes approx. 6 hours. Stop halfway at Kalaw for lunch and a short rest. Kalaw is a beautiful hilly town in Shan state heavily influenced by the colonial period. Have lunch admiring the surrounding views and colonial-era buildings. After lunch, drive to Inle Lake which takes approx. An hour. Transfer to the hotel for an overnight stay.

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## Day 19 Inle Lake Sightseeing

Commence Inle Lake sightseeing after breakfast. The whole day private boat lake tour in Inle Lake is full of amazement. Visit **Phaung Daw U Pagoda**, the revered Buddhist site that houses ancient 5 Buddha images covered in gold leaf. Explore the **Shan and Inthar villages** on the banks of the river. The major attractions are traditional Shan homes made up of recycled lumbers. Traverse the infinite floating gardens, houses, and monasteries constructed on stilts on the lake. Explore the local lifestyle of the villagers and their handicrafts. Visit the vibrant market where you can find various local handicrafts (silk weaving, wooden handlooms, and traditional blacksmiths) and other goods. Visit the oldest and largest wooden monastery **Nga Hpe Kyaung Monastery** also known as **Jumping Cat Monastery**. Continue to the **Nampan village** where you observe the traditional way of living. Also, sightsee the oldest pagoda **Alodaw Pauk Pagoda**, and local cheroot factories famous for the production of Burmese cigars.



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## Day 20 Inle Lake - Heho - Yangon by flight

**Time:** 1h drive + 1h15m flight

Drive to Heho airport after breakfast. Fly to Yangon and the day is free to explore on your own.

**Note:** *If an afternoon or evening flight is available, you can depart on the same day.*

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## Day 21 Yangon - International departure (Final departure)

Transfer to the airport

as your scheduled flight for your international departure. Safe travels.



## Cost & Inclusion

### Nepal;

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Breakfast in Nepal.

### Bhutan;

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Full meals in Bhutan.
- Processing Travel Permit and Entry Visa.

### Myanmar;

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.
- Sightseeing entrance fees for museums and monuments.
- Breakfast in Myanmar.

### Select;

## Contact Us

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