

# Nepal Tibet Bhutan Tours (Overland with Everest Base Camp)

## 16 Days Exclusive & Personalized Journey

Journey of 3 Himalayan countries with Culture, Religion, Nature & panoramic views of Mt. Everest



## Destination Highlights

- **Nepal:** 5 Nights in Kathmandu with Bhaktapur Durbar Square, Pashupatinath, Boudhanath, Patan, Swoyambhu Stupa & local market.
- **Bhutan:** 4 Nights in Bhutan with Taktsang Monastery (Tiger's Nest), Paro Valley, Thimphu with the weekend market and Punakha Dzong.
- **Tibet:** 6 Nights in Lhasa, Tibet with Rongbuk (Everest Base Camp), Gyantse, Shigatse, Yamdrok-Tsho Lake, Potala Palace, Drepung Monastery, Norbulinka Palace.

## Customizable Private Tour

Tailor Your Journey with Flexible Dates, Accommodations & Activities

1. Choose your own departure date
2. Select the comfort level of accommodation
3. Adjust activities to cater to special interests
4. Modify any aspect of the tour as needed
5. Flexible travel route (start from Kathmandu and end to Kathmandu/Beijing/Bangkok or vice-versa)
6. Here are some other popular routes tour itineraries:
  - Nepal, overland Tibet & Bhutan Tour
  - Nepal, Bhutan & overland Tibet Tour
  - China (Beijing) Tibet Nepal Bhutan Tour
  - China (Chengdu) Tibet Nepal Bhutan Tour
  - Buddhist Pilgrimage Tour – Nepal, Tibet, Bhutan & India
  - Tibet Nepal Bhutan Myanmar (Burma) Tour

## Trip Highlights

- *Enjoy the ancient world heritage sites of Kathmandu.*
- Fly above Nepal, Bhutan & Tibet and admire the beauty of Himalayan range with Mt. Everest.
- Enjoy the delightful valley of Paro, Thimphu, Phunakha and Wangdue Phodrang.
- Hike to Paro Taktsang Monastery (Tiger's Nest) in Bhutan.
- Overland adventure from Kathmandu to Lhasa, including views of Mt. Everest and visits to Shigatse and Gyantse.
- Admire the view of Lhasa with Potala Palace of Dalai Lama.
- Explore the beauty of Tibet with amazing view.
- Visit Drepung Monastery, the biggest Monastery in Tibet and Norbulingka Palace.

## Trip Overview

With the beautiful Himalayas providing the perfect focus, the [Nepal Tibet Bhutan Tours](#) showcases the uniqueness of these hidden treasures. Among the best **South Asia Tours** available, this tour provides opportunities to fully appreciate a mosaic of ancient culture. The serene natural beauty of all [three countries](#) adds even more color to a region of untouched beauty.

We begin in [Nepal](#), with some leisurely days on a guided tour throughout [The Kathmandu Valley](#). A living museum, Kathmandu is lavished with unique temples, ancient shrines, and important [pilgrimage sites](#). Over these days we visit the temple squares of past kings of **Patan**, **Kathmandu**, and **Bhaktapur**. The pilgrimage sites of **Pashupatinath**, **Boudhanath**, and **Swoyambunath** speak volumes about the religious significance of Buddhism and Hinduism in Nepal.

Our second peek at the region's treasures takes us on a further Trans Himalayan flight to Bhutan **"The Land**

of the Thunder Dragon". **Bhutan** is the **last Shangri-La**, basically hidden from the outside world to this day. We begin in Thimphu, Bhutan's tiny capital, with excursions from our hotel to its important tourist sites. There follow two wonderful days to both **Punakha Dzong** over the **Dochu La Pass**, and **Bhutan's National treasure**, the **Taktsang (Tiger's Nest) monastery**. The ornate temple complex is perched precariously on the cliffside of the upper Paro Valley. With our tour **Nepal Tibet Bhutan Tour** almost complete, we fly back to Kathmandu for a farewell evening meal the following day.

The last stage of the journey starts with a superb flight over the Himalayas to **Lhasa**, in the heart of **Tibet**. On the way to Tibet by overland drive, you will have chance to visit **North Everest Base Camp (Rongbuk Monastery)**, **Shigatse**, **Gyantse**, **beautiful turquoise freshwater Yamdrok Lake** etc. The last two days are spent discovering the wealth of cultural treasures. Lhasa holds **Potala Palace**, **Jokhang Temple**, **Barkhor Bazaar**, **Sera Monastery**, and **Norbulinka** among others.

## Your Journey day by day

### Day 01 Arrive at Kathmandu International airport

**Accommodation:** Hotel

After landing in Kathmandu and clearing the customs apply for your visa at the airport. This will be easy and fast as well. Our representative will welcome you and transfer you to the hotel. Visit our office after some rest where we will have a welcome and orientation session for the trip for you. In the evening take a stroll around and take a glance at local culture here. Overnight at Kathmandu.

### Day 02 Kathmandu Sightseeing with Patan Durbar Square.

**Meals:** Breakfast **Accommodation:** Hotel

We will explore different destinations in Lalitpur and Kathmandu today. About half an hour's drive from your hotel will see you at the heart of Patan or Lalitpur city. One of the three major cities of the Kathmandu valley, Patan is known for the arts and architecture in its streets, monuments, and temples. The [Patan Durbar Square](#) is your first destination here. Some of the highlights of the Durbar (Palace) region are the beautiful Krishna Mandir, Bhimsen and Vishwanath Temples, and beautiful courtyards. Also, visit the Tibetan Refugee camp and painting shops while you are in Patan.



**Patan Museum Opening Hours-** 10:30 AM to 5:30 PM on all days.

**Entrance Fee of Patan Durbar Square**

Places	Foreign nationals	SAARC nationals	Chinese	Remarks
Patan Durbar Square including Museum(UNESCO Heritage site)	NPR. 1000	NPR. 250	NPR. 1000	Entry fees for Nepalese are applicable only for Patan Museum
Golden Temple Patan	NPR. 50	NPR. 50	NPR. 50	Closed on Buddha Jayanti (Chandi Purnima)

**Note:-** These entry tickets are valid for a day and allow you multiple entries to the square where you can enjoy exploring the major historical and cultural attractions.

Following the Patan city tour, we will visit a couple of more sites in Kathmandu. We will visit the Kathmandu (Basantapur) Durbar Square within a short drive from the hotel. The temple of 'Living Goddess Kumari', Taleju Temple, Hanuman Dhoka Palace, and street markets for handicrafts are some of the main attractions of Kathmandu Durbar Square.

**Kathmandu Durbar Square Opening Hours:** 9:00 A.M.to 5:00 P.M. (all days during the week)

**Entrance Fee of Kathmandu (Basantapur) Durbar Square**

Places	Foreign nationals	SAARC nationals	Chinese	Remarks
Kathmandu (Hanuman Dhoka) Durbar Square (UNESCO Heritage site)	NPR. 1000	NPR. 150	NPR. 1000	Below 10 years free.

**Note:-** The Museum ticket counter closes one hour before the closing of the Museum. These entry tickets are valid for a day and allow you multiple entries to the square where you can enjoy exploring the major historical and cultural attractions.

Visit the Ason Market and Thamel area before returning to the hotel. Overnight at Kathmandu.

**Day 03 Kathmandu tour with Bhaktapur Durbar Square**

**Meals:** Breakfast **Accommodation:** Hotel



You will visit some destinations in Kathmandu before heading to Bhaktapur today. After breakfast head towards the **Pashupatinath Temple**. A quick drive will take you to this Hindu temple complex on the banks of the Bagmati River. Dedicated to God Shiva, you can explore around 500 small and big temples in this area. Next, we will take a brief drive to the Boudhanath Stupa. Explore the Tibetan-inspired streets and try some popular snacks in Boudhanath.



From Boudhanath, it is about an hour's drive towards Bhaktapur city. The name Bhaktapur translates as 'The city of devotees' and it is the more culturally preserved of the three cities in Kathmandu. The brick-paved alleys lead us to Bhaktapur Durbar Square. The fifty-five windows palace, Nyatapola Temple, and Pottery square are the main attraction of the Bhaktapur tour.

**Bhaktapur Durbar Square Opening Hours-** 7:00 AM to 7:00 PM on all days.

#### **Entrance Fee of Bhaktapur Durbar Square**

**Foreign nationals: NPR. 1800**

**SAARC nationals: NPR. 500**

**Chinese: NPR. 500**

**Note:** *The free entry below 10 years childrens of each national and one entry for the group leader is free if the group is 11-20 people.*

**Note:-** These entry tickets are valid for a day and allows you multiple entries to the square where you can enjoy exploring the major historical and cultural attractions.

In the evening take a short drive to Nagarkot, a small town on the hills of the outskirts of Bhaktapur. Overnight at Nagarkot.

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## **Day 04 Tour of Dhulikhel with Namobuddha monastery and Panuti village**

**Time:** 1:30 hours drive

After breakfast, we will drive for a couple of hours out from the valley and visit the Namobuddha monastery. The monastery is one of the most beautiful ones in Nepal with many legends linked to it. We can take a short nature walk in the premises and enjoy the landscape from Namobuddha. If you are here from March to May, you can get a fantastic view of blooming Rhododendron forests surrounding the area. Next, we will head for the ancient town of Panauti. Also, one of the most preserved cultural areas near Kathmandu, Panauti

showcases you the traditional farming lifestyle of the locals. We will visit some of the old temples here and head towards Dhulikhel, specially for Mountain Views. In the evening, drive back to Kathmandu.

Overnight at a hotel in Kathmandu.

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## Day 05 Fly to Bhutan and drive to Thimphu

We have a morning flight to Bhutan today. After leaving Kathmandu, a brief flight will take us to Paro Airport. Your Bhutanese guide will meet you at the airport and you will take a short drive (1 hour) to Thimphu. Along the ride, the guide will brief you through the Bhutan part of the tour.



Stop halfway on the way to the Paro-Thimphu highway, and visit the 16<sup>th</sup>-century old Tachogang Lhakhang temple. The temple means the hill of the excellent horse. You need to cross an old bridge to visit the temple. From the bridge, enjoy the scenic views of the villages.

After arriving at the Bhutanese capital, rest for the day at your hotel. In the evening, enjoy the nightlife and enjoy Bhutanese cuisine. Overnight at Thimphu.

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## Day 06 Thimphu tour

After a light breakfast, we will start your Thimphu Tour. You can explore some of the major attractions around Thimphu today which include the Thimphu Dzong, Giant Buddha Dordenma Statue, Third King Memorial Stupa, Bhutan Postal Museum, Folk Heritage Museum, and National Library of Bhutan. The Takin's Zoo and the traditional medicine Institute are bonus locations you can visit in Thimphu. In the evening, explore the local market and get closer to local culture and commerce. Overnight at Thimphu.

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## Day 07 Thimphu to Punakha excursion- back to Thimphu (150 kilometers.) (B/L/D).

Head towards Punakha after breakfast today. The drive is about two and a half hours long and passes through the Beautiful Dochula Pass. We will stop at the pass and spend some time at the royal botanical garden and Druk Wangyal Chortens. The pristine view of the Himalayas in clear weather is one to behold. We will continue the journey to Punakha following the stop.



The Chhimi Lhakhang temple on the way will be our first stop. This unique temple is also known as 'the temple of the divine madman'. The Punakha Dzong is next on our list. One of the most beautiful and historically significant fortresses in Bhutan, Punakha Dzong is one not to miss here. Lastly, we cross the oldest and longest Punakha Suspension Bridge where we can witness the beautiful views of the river and valleys. We will return to Thimphu after the Punakha Tour in the evening. Overnight at Thimphu.

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## Day 08 Thimphu to Paro and Hike to Taktsang Monastery

After breakfast, drive back to Paro. The Hike to Taktsang Monastery is a proven delight for travelers to experience nature and spirituality as a whole in Bhutan. The hike might be challenging for some but it truly is worth a couple of hours' hike from Paro. You can have a slow and gradual walk with breaks in the midway shops.

Once there, witness the majestic view of the pristine Taktsang monastery carved into a giant cliff. Know the legends of the great Guru Padmasambhava and explore the beautiful monastery. Also, visit the caves inside the monastery and interact with the monks there. Return from the hike and rest for a while in your hotel. Visit the beautiful Drukgyel Dzong, Paro Dzong, National Museum of Bhutan, and Kyichu Lhakhang Temple to end your Paro tour. Overnight at Paro.

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## Day 09 Paro to Kathmandu

You will complete the Nepal Tibet Bhutan tour after a flight to Kathmandu. After Landing in Kathmandu you can go for some popular local activities in this lively city. Cruise through some of the markets here, and try some local cuisine and drinks. In the evening enjoy the nightlife of Thamel visiting some bars accompanied by local Music. Rest for the day and prepare for your departure. Overnight at Kathmandu.



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## Day 10 Drive from Kathmandu to Gyirung via Rasuwa Gadi

**Time:** 6-7 hours **Meals:** Breakfast

Our overland tour starts today from Kathmandu to Kerung/Gyirong. We will do all the necessary preparations and leave the valley following the Trishuli highway. The road is smooth in the first segment in the hills followed by some gravel segments. Similarly, we will also face some off-road portions as we get near to the Chinese border. In the way, we will stop for lunch at local settlements and continue driving in this scenic highway. After reaching Kyirung, we will have our documents checked at both Nepalese and Chinese immigration offices and drive to our hotel.

Overnight at Gyirung.

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## Day 11 Kerung/Gyirong to Shegar/Rongbuk Monastery (Everest Base Camp)

**Time:** 5-6 hours **Meals:** Breakfast

You will start for the longest and most scenic drive of the whole trip to the Rongbuk monastery near EBC. The landscape shift is wondrous as we shift into more barren and snow-covered regions from here. We will drive pass Pelkutso lake and a vast grassland in the first portion of today. Taking small short stops to admire nature and view, we will continue our drive to the Gyawula Pass (5200 m). A bit windy, but absolutely beautiful, we can view the Himalayas clearly from here. From the pass, it is a couple of hours to reach Rongbuk monastery.



**\*Important Note:**

- Accommodation in Rongbuk/EBC is very limited. Since Rongbuk is a remote area, expect the accommodation to be very basic. There are a few guesthouses that provide twin-sharing rooms with bunk beds and the bathroom is also outside the guesthouse.
- In Shegar/Tingri, The best options are locally 3-star hotels with attached bathrooms. We will provide you with the highest one. We recommend to stay in Shegar instead of Rongbuk. Shegar to Rongbuk Monastery distance 100KM with 2 hours driving.
- If you will stay at Shegar/Tingri, next day early morning drive to Rongbuk Monastery to view sunrise with Mt. Everest then drive to Shigatse.

Overnight at Shegar or Rongbuk Monastery.

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## Day 12 Rongbuk to Shigatse via Tingri

**Time:** 7-8 hours **Meals:** Breakfast

We will wake up early for a breathtaking sunrise of a lifetime from the Rongbuk monastery over Mt. Everest. After this amazing experience, we will explore the monastery premises for a bit before continuing our road journey to Shigatse. We will be traveling in a bit bumpy road for the first part of the trip. From here we will stop at the small Tingri town. The views of Cho Oyu and Everest is majestic from the town here. Next, it is a couple of hours of highway drive to the G318 National highway milestone (5,000 m) in Lhatse, and there we'll take some pictures. After driving to Shigatse from Lhatse, we will freshen up and visit Tashilupo Monastery. This monastery, which is the seat of the Panchen Lama of Tibet is also one of the most significant ones here.

Overnight at Shigatse

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## Day 13 Shigatse to Lhasa with Gyantse and Yamdruk Lake

**Time:** 6-7 hours

Today will be the last day of driving exploration in Tibet, and we will cover many cultural destinations in the way. The road is in good condition, and we will make shortstops in the small farmer villages lying in the way. After reaching Gyantse, we will take a brief exploration tour of some majestic sites here. This heritage-rich town has a lot to offer, and we will visit the Perklor Monastery, Kumbum stupa, and Gyantse Old Street here. The next portion of the drive takes us beside the Holy Yamdrok Lake (One of the three significant holy lakes in Tibet). We will also enjoy the views of Manak Dam Lake and Korola Glacier before reaching Lhasa in the evening.

Overnight at Lhasa.

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## Day 14 Lhasa Exploration

You will kick off the Lhasa tour with a visit to the beautiful Potala Palace. Located within a short drive this palace was the home of Dalai Lamas, the spiritual leader of the Tibetan people. Exploring the UNESCO world heritage site witness the wonderful sculptures, Chapels, Thangkas, Murals, and many more. Explore the allowed sections of this massive palace and spend some time in the ponds and park behind it.



### Opening Hours and Ticket Prices for Potala Palace-

- **Opening hours:** 9:30 A.M - 15:00 P.M
- **Entrance fee:** 200 CNY from May to October and 100 CNY from November to April.

Sera Monastery is next on our list which is among the biggest Gelug university monasteries in Lhasa. Within a short drive from Potala, you can get closer to the lifestyle and culture of local monks here. Explore the chapel, courtyard, and other beautiful components of the monastery in your visit.

### Opening Hours and Ticket Prices for Sera Monastery-

- **Opening hours:** 9:00 A.M - 16:00 P.M
- **Entrance fee:** CNY 50/Person (all year round)

Towards late afternoon we will head towards Jokhang Temple. Jokhang Temple is the spiritual center of Tibet holding many beliefs and significance. The temple architecture is beautiful and is inspired by Vihara and Nepalese styles. The Barkhor square in front holds different memories of historic events and celebrations as well. Explore artifacts and paintings of different periods here in the temple. Overnight at Lhasa.

### Opening Hours and Ticket Prices for Jokhang Temple-

- **Opening hours:** 11:30 A.M.-17:30 P.M. (opened for all tourists).
- **Entrance fee:** CNY 85/Person and photograph permit CNY 90 before they take a picture inside the temple.

## Day 15 Continue exploration of Lhasa

Our Lhasa tour continues and we will visit the remaining major destinations here today. Starting the day we will take a short drive to Drepung Monastery after breakfast. This expansive monastery houses some of the oldest Buddhist writings, Murals, and Thangkas. Visit the courtyards and chapels alongside the Nechung Oracle temple nearby. We will visit the Mentshekhang (Chinese traditional hospital) next today. Learn more about some of the Tibetan ancient diagnostics and medicine while you are here.

### Opening Hours and Ticket Prices for Drepung Monastery-

- **Opening hours:** 9:00 A.M.-4:00 P.M.
- **Entrance fee:** CNY 60/Person.

In the afternoon we will head towards another UNESCO world heritage site, the Norbulings Palace. Norbulingka was the summer residence of the Dalai Lamas. You can visit the major buildings, chapels, and monuments in this palace. The garden surrounding Norbulinga palace is another attraction of the beautiful palace. Spend some time there before returning to your hotel. Overnight at Lhasa.

### Opening Hours and Ticket Prices for Norbulingka-

- **Opening hours:** 9:30 A.M.-5:30 P.M.
- **Entrance fee:** 80 CNY in peak seasons, 60 CNY in off-seasons.

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## Day 16 Final Departure

In your spare time here enjoy a quick souvenir shopping session in the markets of Lhasa. With some wonderful stories and memories to return, you will conclude this amazing tour with Asia Experiences. We will drop you off at the airport before your departure back to your next destination.

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## Cost & Inclusion

### Nepal;

- Airport pickups and drops service.
- Private ground transportation with A/C.
- Twin-sharing hotel accommodation.
- Local cultural tour guide with English speaking.

- Sightseeing entrance fees for museums and monuments.
- Breakfast in Nepal.

**Tibet;**

- Free bottled water;
- All necessary travel permits to Tibet;
- Entrance ticket fees for all the sight spots listed in the program;
- Private transportation in Tibet with an experienced local Tibetan driver: Ranging from 4WD land cruiser to minibus depending on the group size and trip route (car gasoline is included);
- Private guide: English-speaking local Tibetan guide;
- Accommodation as per your choice;
- Pick-up and send-off services at the beginning and end of the tour;
- Oxygen cylinder for the group (4L / 7L);
- Meals: only breakfasts are included while staying in hotels;
- Lodging and meals for guide and drivers;
- EBC entry fee for guide and car;
- EBC eco bus fee;
- First aid kit;
- Liability insurance;
- All government taxes;

**Bhutan;**

- US\$ 40/Person visa fees and visa arrangement
- Sustainable Development Fees (SDF)
- Accommodations as per your choice
- Breakfast and Dinner in the hotels
- Lunch in tourist-standard restaurants outside the hotels
- English-speaking licensed guide
- Comfortable luxury transportation and sightseeing as per the itinerary based on group size
- Museums and parks fees indicated in the itinerary
- Complimentary bottled drinking water on a daily basis

**Select;**



## FAQS

### **Can you supervise the procedure and ticketing of the International flights too?**

*Answer:* Generally, we handle only internal and international flights involved within our tour only. But we can aid you by recommending some of the best and reliable international flight providing companies around the world to your destination.

### **Do you also manage some less expensive tours for a small group joining tour?**

*Answer:* Asia Experiences organizes private tours with private guides and vehicles. You can come as a group of any number or be a solo traveler you will be given the same services without any distinction. But we don't provide any group joining tours at the moment. Also let us assure you that you are getting the best services in very reasonable price here as your satisfaction is our success.

### **What are the amenities at your three-star, four-star & five-star hotels?**

*Answer:* Amenities in different star hotels are according to standard requisites. Extra privileges are also provided to you in some hotels falling under these categories. So, it's very much similar to the services provided by hotels in these classifications in other countries.

### **Is it possible to get rooms with one bed, ideally king or queen-sized or twin or triple?**

*Answer:* Yes you'll have the privilege to choose the rooms you feel comfortable apart from that we provide to you. Also the Hotels you'll be staying will have different variety of rooms furnished with different bed sizes too. So don't stress in these topics and be carefree while travelling with us.

### **Can we have guides having both local knowledge and English expertise? And how do our guide helps us to accomplish our goal?**

*Answer:* Yes, you will be provided with the guides from the start of the journey till your departure. The guides we provide are local experts having knowledge in each and every sector of this tour. Similarly, they are trained with different courses for your aid. In addition to it each guide can speak and understand fluent English.

To stick along with your guide is the best way to complete this journey without missing a thing. Our guides are trained for expertizing the trails and the regulations of your destinations. In a word, you can say that your guides are the safe side factor of your tour.

### **Can we add a "free day" to relax and walk around ourselves without a guide during our tour?**

*Answer:* Sure, it is your choice and you need to add an extra free day or free hours in your tour itinerary to relax and walk. We do suggest a guide but if you want to experience the raw experience and some personal time you are permitted to have it.

**Can we be able to do a day-hiking without getting caught in snow storms or sopping wet in these countries?**

*Answer:* Well, normally these countries have a wonderful weather but sometimes you can get drizzles in rainy seasons. However snow storms are predictable and your guide will prevent any risks in those cases. In both case your guide will be able to help you overcome the risks if there is any.

**In case of bad weather is there any travel insurance that covers all the costs i.e. cost of changing flights, hotels in case we are stuck in a city? And can we get the trip next day after the weather becomes good?**

*Answer:* Well the travel insurance totally lies in your hand as we don't provide them here. However we do provide you with the letters and necessary documents of cancelation of your tour to your insurance company. In case of bad you will definitely continue the trip the next day.

**Are there any chances of festivals happening in any of the countries/cities while we're visiting them?**

*Answer:* Absolutely, as all these countries are rich in culture and tradition you might get lucky to find yourself during one of them. As these festivals fall according to days in the lunar calendar we don't have fixed English date of these festivals. For more information about the festivals visit the links below.

i) [Bhutan Festivals list](#)

ii) [Nepal Festivals list](#)

iii) Tibet Festival list

**Are there balloon excursions/rides in any of the above places? Does it provide panoramic views?**

*Answer:* No, sadly the weather in these countries is not perfect for balloon rides. However you can have an amazing excursion of Balloon which is available in Bagan, Myanmar. One balloon has a capacity 8-16 person at a time plus you will see panoramic views of Bagan (Parallel Pagodas) from the sky.

**Is the duration of tour fixed or flexible? Can we shorten or lengthen duration?**

*Answer:* Yes, it is a private tour and you can modify as your own wish. The duration of our tours is always flexible.

**At what type of hotel are we staying? Can we see a view from the room, ideally with a private balcony?**

*Answer:* You will be facilitated with top notch hotels in the city areas whereas it depends on the hotel and hotel room availability in rural destinations. Generally, you will get a hotel with a quiet and clean environment, room with hot water, ambient heating. We will request to the hotel with your additional concerns too. A view is that part which is by your side throughout your journey. So, be assured of getting nice views, wherever you are.

**Can we get a direct flight from Lhasa to Bhutan without arriving Kathmandu?**

*Answer:* No, there is no direct flight from Lhasa to Bhutan (Paro). Similarly, there is only one flight to Lhasa or Bhutan (Paro) from Kathmandu per day and 3-4 flights per week. That's why you just need to stay overnight as compulsion in Kathmandu while flying from Lhasa to Bhutan or vice versa.

**What items of clothing are needed in Tibet, Bhutan, and Nepal?**

*Answer:* It depends on the traveling seasons in which your tour is taking place. Typically, you will have a moderate climate in Kathmandu but as altitude rises you will have to prepare for a little chill in the regions of Tibet and Bhutan.

**Do any of the flights have baggage size and/or weight restrictions? If so, what are those limits?**

*Answer:* Restrictions are standard 20-30kg for luggage and 7 kg for the handbags.

**Do you recommend these itineraries for the first-time traveler to these countries?**

*Answer:* Yes, to experience all these unique lifestyle, food, culture, unique landmarks, and natural wonders of these nations you will need to follow our guided itineraries. It is also a safe way of missing nothing special in your visit.

**If I book my own flight, would you provide an airport transfer to and from the hotel?**

*Answer:* Yes, you have the options to book all your flights yourself. We will happily provide all transfer from the airport to the hotel.

**Are the Inter-country/Inter-city flights included in this price?**

*Answer:* These flights cost quoted separately.

## Essential Information

### Location of Nepal, Tibet and Bhutan

[Nepal, Tibet, and Bhutan](#) are amongst the most sought after destinations constituting the best shades of the Himalayas. A trip covering all three is ideal for nature and culture admiring individuals all around the world.

- [Tibet](#) is the most extensive of the three predominantly lying in the Tibetan Plateau in China and composes most of the northern and western fraction of the great Himalayan range.
- Sharing the border with Tibet in its west is [Nepal](#) with diverse geography and culture and lifestyle inspired by China and India surrounding this landlocked country in South Asia.
- [Bhutan](#) is a small Himalayan nation and is least populated of the three to the south of Tibet and enclosed on the remaining side by the Indian states of Arunachal Pradesh, Assam, and West Bengal.

## Recommended routes to take for traveling between Nepal, Tibet, and Bhutan

One can start their journey from any of these three places, however, starting from Nepal is considered as most beneficial as Tibet and Bhutan both are easily accessible through flight and overland drive from here. Here are three routes to consider for the Nepal Bhutan and Tibet Tour.

### Route 1: Starting from Nepal- 'The Best and Hassle-free Route'

- Your route commences with a tour of Nepal and from here you can select either Bhutan or Tibet as your next destination. You will return back to Kathmandu and you can choose to Fly or drive to the next destination. We will handle your visa and permits completely if you choose this route to travel.
- *Starting from Nepal is your best option because*
  - There are no direct flights from Tibet to Bhutan and vice versa
  - Applying for the travel permits and Visa for both Tibet and Bhutan is easier from here.
  - The flights to Tibet/Bhutan run daily and at least 3-4 times a week in low tourist season.
  - Acclimatizing is better through this route in comparison with the other two
- After completion of the tour, you can depart back home through either Bhutan or Tibet.

### Route 2: Arrival in Bhutan (Fly to Nepal- Fly/Overland to Tibet)

- The route commences after landing in Paro, Bhutan. Paro airport is approachable from Bangkok, New Delhi, Dhaka (Bangladesh), Singapore or Kathmandu (Nepal). You can arrive here through any of the above nations after taking the availability of flights under consideration.
- After exploring the planned places and sites in Bhutan, you will either fly to Kathmandu from Paro. The flight is about an hour long and runs daily (3-4 times a week off-season). After arrival, you will visit the destinations as mentioned in the selected itinerary in Nepal.
- Upon completing the Nepal portion of the trip, you can either drive or fly to Tibet from here. The flight takes about 1 hour and 15 minutes and [overland tour extends to three extra days going through Rongbuk/Everest Base Camp, Shigatse, and Gyantse cities](#) of Tibet. You will continue the exploration and depart after the conclusion of the tour from Tibet.
- We will take care of all the necessary visas [Chinese \(Tibet\) visa](#) will be applied on your first day in Kathmandu, It needs a minimum of 3 working days to get.)

### Route 3: Arrival in Tibet (Overland/flight to Nepal- Flight to Bhutan (Via Kathmandu)

- The route commences after reaching Lhasa, Tibet. You can arrive here through flights or from the trains connecting Tibet from different cities of China.
- After exploring the planned places and sites in Tibet, you will either fly or drive to Kathmandu and the



latter is also one of the best overland tours of Asia. The flight is about 1:15 hours long and goes over the Himalayas to Kathmandu. After arrival, you will visit the destinations as mentioned in the selected itinerary in Kathmandu.

- You will fly to Bhutan and the flight takes place daily (in some selected conditions 3-4 times a week in minimum). The flight is about 60 minutes long and takes you to Paro Airport in Bhutan. You will continue the exploration and depart after the conclusion of the tour from Bhutan.
- You must manage the Chinese Visa by yourself prior to the tour from your respective nation. We will manage your [Bhutan visa](#) in advance and [Nepal visa](#) will get upon your arrival in Kathmandu (Nepal).

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## Documents to own Before/During the Travel

### 1. Tibet Travel Permit (TTP)

TTP is mandatory for visitors of any nation entering or exploring Tibet. You must have a valid passport and Chinese Visa to apply for this permit and it can be done only through registered tour operators (Individual unobtainable). It's best to apply 2-3 weeks before the trip for assurance of the timely arrival of TTP.

### 2. Chinese Visa

Chinese Visa is compulsory to enter any region of China or Tibet. There is no Visa on arrival (VOA) service so each traveler must apply for it from the Embassy of the People's Republic of China, before entering mainland China from your home.

### 3. Bhutan Visa

As the Bhutanese embassy is only present in five nations around the world, you will have to book through a registered travel agency for the visa. After the tour is booked, the agency will have the visa processed with the Bhutanese immigration department in Thimphu, Bhutan.

### 4. Nepalese visa (Visa on Arrival)

Apparently, you can pre-process for the Nepalese Visa from the Nepalese embassy from your nation or get a visa on arrival in the TIA, Kathmandu (Tribhuvan International Airport) or any land borders entering from India/China. The process is quick and easy.

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## Contact Us

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